

広島大学短期交換留学プログラム 派遣留学報告書
HUSA (Hiroshima University Study Abroad) Program Report

派遣プログラム Name of Program	<input type="checkbox"/> HUSA
留学先大学 Host University	Auckland Univ (国名/Country : New Zealand)
所属学部・学科等名 School/Graduate School at Host	Arts Faculty, Auckland Univ.
在籍身分 Status at Host University	Exchange Student
留学期間 Period of Program	年 月 日 ~ 年 月 日 (2018 /02/ 26) (2018 /06/25)

1. 留学するまで / Preparation for the Program

留学への志望動機・ 派遣先大学を希望した理由 Purpose of Study / Reason of Host Choice	I wanted to write an article related to my research through the Taoyaka Program. In my field (anti-nuclear activism), NZ demonstrates the most efficient case. I wanted to go there to do research.
留学準備を始めた時期 (応募する 何か月前ですか?) Commencement of Preparation for Application	I did preliminary research related to my research area. For the interviews, I contacted some people in the field.
事前準備について(どのような準備 をしたか, しておけばよかった か) Preparation Completed Prior to Study Abroad	I did a couple of exchange programs previously. I did not need any special preparation for the exchange program. I did some readings about the culture in NZ.

2. 渡航について / Visa and Flight Information

ビザについて Visa	ビザの種類 / Visa Type : Student	
	ビザ申請先 / Location of Visa Application : Tokyo (through Shanghai)	
	提出書類 / Required Documents : Acceptance letter, financial support, flight tickets, et	
	手続きに要した日数 / Duration of Visa Application Process : 1 – 2 weeks	
その他必要な事前手続き Other Required Procedures	-	
出国年月日/ Date of Departure	年 月 日 (2018 /02/ 24)	
経路 (往路) / Route (Outward)	From Bangkok to Auckland	
現地での出迎え Pick-up Service	<input type="checkbox"/> 無/No	
到着後オリエンテーションの有 無・期間・内容 Orientation, Period, Contents	<input type="checkbox"/> 無/No	There was an orientation but due to the internship abroad, I could not make it. But I got e-orientation
帰国年月日 / Date of Return	年 月 日 (2018 /07/25)	
経路 (復路) / Route (Return)	From Auckland to Tokyo	

3. 留学費用について / Expenses

文 字 額 / Expenses	総額		
	Total Amount	-	円/yen
内 訳 Details	渡航費（往復） / Flight Ticket (Round Trip)	Almost 150.000	円/yen
	ビザ申請手数料 / Visa Application Charge	Almost 30.000 Yen	円/yen
	予防接種費用 / Immunization Charge	More than 30.000 Yen	円/yen
	保険料 / Travel Insurance	Almost 35.000 Yen	円/yen
	教材費（授業料以外の学費） / Learning Material (Extra Tuition Fee)	Almost 50.000 yen (books, archival research outside the city)	円/yen
	宿舍費（住居費） / Accommodation Fee	More than 100.000 Yen m onthly	円/yen
	光熱費 / Utility Cost	Almost 10.000 yen monthl y	円/yen
	食費 / Meal Cost	More than 50.000 yen mo nthly	円/yen
	通信費（インターネット・携帯） / Internet, Phone	Internet almost 4.000 yen-	円/yen
	交通費（宿舎ー大学間） / Transportation (Accommodation ~ Univ, Campus)	Almost 6.000 yen monthly	円/yen
	交際費 / Social Expenses	More than 30.000 yen mo nthly	円/yen
	その他 / Others (費)		円/yen
(費)		円/yen	
(費)		円/yen	

4. 授業・修学について / Courses and Study

授業の概要について（カリキュラム、プログラム、履修した科目、時間数、履修形態等） / Brief Description of Courses (Curriculum, Program, Registered Courses, Study Hours, Course Style)	I got 2 post-graduate classes (pre-doctorate) and French language course (4 times a week) Post-graduate classes are called - Theories of Development - Ethics of War
単位互換希望の有無 / Credit Transfer from Host to Home University	<input type="checkbox"/> 無/No
授業・勉強についてのアドバイス（留学前の履修、留学中、単位取得等） / Advice for Class and Study (Before and During Study Abroad)	During the first 2 weeks I attended extensive number of classes to choose the appropriate ones related to my research. As I study Peace Studies in the Faculty of International Development and Cooperation, I chose one for peace and another one for development.
日本と異なる授業形態などにおける困難や挑戦（ティーチングスタイル・先生と学生との関係性など） / Difficulties and Challenges Faced in Classes Different from Japan (Teaching Style, Relationship with Professors/Lecturers)	The classes in NZ are very Western style with a critical approach. The class consist of foreigners and in some lectures I was the only student whose native language was not English. I had also presentations with many questions and discussions.

5. 生活等について / Lifestyle		
(1) 留学先の住居について / Accommodation		
住居の種類 Type of Accommodation	<input type="checkbox"/> アパート / Apartment	
住居の広さ Size of the Room	約/approximately 20 m ²	同居人の有無 Flatmate <input type="checkbox"/> 有 / Yes (1 人/People) <input type="checkbox"/> 無 / No
住居に附属する設備 Facilities in Accommodation	<input type="checkbox"/> 電気/ Electricity <input type="checkbox"/> ガス/ Gas <input type="checkbox"/> 水道/ Water <input type="checkbox"/> 給湯/ Hot Water <input type="checkbox"/> シャワー/ Shower <input type="checkbox"/> 風呂/ Bathtub <input type="checkbox"/> 水洗便所/ Flushable Toilet <input type="checkbox"/> 暖房/ Heating <input type="checkbox"/> 冷房/ Cooling <input type="checkbox"/> 台所/ Kitchen <input type="checkbox"/> 食堂/ Dining Room <input type="checkbox"/> 固定電話/ Land-Line Phone <input type="checkbox"/> インターネット/ Internet <input type="checkbox"/> その他/ Others(Modern house with all facilities – furnished already)	
住居費 Accommodation Fee	1.200 NZ dollars1 ヶ月当たり/ per month (現地通貨/ local currency)	約/ approximately 100.000 円/yen
留学先での住居全般に関するアドバイス Accommodation Advice	The univ is located in the center and NZ is considered as a city with one of the most expensive houses in the world. As I had no bank account, I had to pay by cash. (300 NZ dollars per week)	
(2) 医療について / Medical Care		
保険の加入先 Insurance (Who Designated)	<input type="checkbox"/> 留学先大学指定の保険 / Host University	
保険の補償内容 Insurance Coverage	補償額 / Coverage 死亡 / Death 円 / yen, 入院1日 / per day of Hospitalization 円 / yen その他 / Others (All)	
留学前後での予防接種の必要の有無 Immunization Requirement	<input type="checkbox"/> 無 / No	
留学先国の医療事情 (日本と比較して) Difference in Medical Service (Compared to Japan)	-	
留学先での健康管理, 衛生面について特に注意すべきこと Healthcare and Hygiene	Perfect! NZ has various insect. When I arrived in stayed in the hostel but the hygiene condition was not good and I got scabies. The medical service of the univ helped me a lot. Especially hiking, I got bites and allergy but all went well thanks to the insurance by Allianz.	
(3) 危険を感じた地域, 状況, 安全管理において注意したこと / Dangerous Situations and Locations Encountered, Possible Advice for Risk Management		
For NZ – insects, bugs, fleas, and scabies – especially foreign bodies who are not familiar with the island.		
(4) 食生活についてのアドバイス / Food – Related Advice		

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(5) 気候・服装についてのアドバイス / Advice on Local Climate and Clothing
Insect stings
(6) 学内外の施設・設備環境について（インターネット環境含む） / Available Resources (Library, Cafeteria, Campus Wi-Fi, etc.)
Auckland Univ is the most successful univ in the whole country. It provides all resources. Super library with a huge achieve. But, no cafeteria like in JP. There is quad where you can get food even vegetarian options.
(7) 現地学生や地域との交流について（どのような、機会・きっかけがありましたか？） / Communication with Local Students and People (Available Opportunities?)
No local people actually. Auckland is so diverse. I met a lot of Asians (especially from SK and China) more than Kiwi people.
(8) 習慣やマナーの違いによる対人関係等、注意すべきこと / Care and Attention regarding Customs and Manners
It would be better to go there with some knowledge about the indigenous culture – Maori people. It is important and they value Maori culture and the Maori language is the second official language.
(9) 日本から持っていくべきもの、持っていくべきでないもの / What Should You Bring? What Should You NOT Bring?
No food (Auckland is great for Asian food) Some insect-related cream
(10) その他生活等に関して参考となる情報・アドバイス / Other Useful Information and Advice about Life Abroad
If you study in NZ for less than 6 months you're not allowed to get a bank account or contract or no working permission. It is better to bring too much cash when studying for less than 6 months. It is a very very expensive country. It is important to consider before going there.

6. 帰国後の進路について / Your Career After Study Abroad	
卒業予定年月 Expected Graduation Month and Year	2021年 / year September 月 / month (当初の卒業予定年月 / Expected Month and Year before Studying Abroad 年 / year 月 / month)
卒業が遅れる見込みの場合、その理由 Reason for Extension of Graduation Month and Year?	<input type="checkbox"/> 4年次に留学したため / Participation in HUSA during 4th Year <input type="checkbox"/> 単位不足のため / Amount of Credits <input type="checkbox"/> 新卒で卒業するため / In order to graduate as a “new” graduate <input type="checkbox"/> その他 / Others (具体的に / Specific reason:)

現在の状況および今後の予定・進路等 Current Situation, Plan and Career	I finished my research called `NZ`s Anti-Nuclear Stance: A Review of Effectiveness of Civil Society in Being Nuclear – Free Zone`. I'll present this research in California in September 2018.
就職活動や留学前の単位取得, 教育実習等についての工夫 Pre-arrangement by yourself for your future job hunting, acquisition of credits of required courses and practicum, etc.	I want to stay in academia. I gained a valuable experience and network in NZ. I'll use it. No credits.

7. 留学準備, 留学中に役立った書籍, ウェブサイト等 / Useful Books and Website for Study and Life Abroad

書籍, サイト名 Name of Book or Website	詳細 (出版社, URL 等) Details (Publisher, URL etc.)	コメント Comments

8. 後輩へのメッセージ / Message for Outgoing Students who Desire to Study Abroad

If you study in NZ, be ready for the isolation in the coming months – it's very normal but then you'll get used to the atmosphere. NZ is a unique country and has a lot to offer. Auckland is special but a bit small. Stick to `Study Auckland` program where you can find a lot of events. If you drive a car it can be a bonus. ;)

9. 自由記述（日本語・1,200字程度） / Feedback (English about 600 words)

It was tough for me in the beginning because NZ is the farthest country to mine and I had sort of identity issue. I come from Turkey studying in JP and then NZ. But after the first 2 months I got used to living there. Of course different time zone and season... I did a lot of hiking, attended a lot social activities, but of course the first 2 months I was studying in the library like crazy.

I would recommend Auckland Univ. Great education with intellectual professors. It is tough if you do MA because there are a lot of requirements. Just study, improve your English, learn diversity, and enjoy the nature at the weekend. ;)



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