

広島大学短期交換留学プログラム 派遣留学報告書
HUSA (Hiroshima University Study Abroad) Program Report

記入日/Date 2020年1月18日(YYYY/MM/DD)	
派遣プログラム Name of Program	<input type="checkbox"/> HUSA <input checked="" type="radio"/> USAC <input type="checkbox"/> UMAP
留学先大学 Host University	University of Modena and Reggio Emilia (国名/Country : Italy)
所属学部・学科等名 School/Graduate School at Host	なし
在籍身分 Status at Host University	Exchange student (ex. Exchange Student, Special Auditing Student)
留学期間 Period of Program	2019年8月27日 ~ 2019年12月19日 (YYYY/MM/DD) (YYYY/MM/DD)

1. 留学するまで / Preparation for the Program

留学への志望動機・ 派遣先大学を希望した理由 Purpose of Study / Reason of Host Choice	I wanted to learn different culture in a different environment, especially for the people like me who majors "global studies". Additionally, there was a class that was talking about the relationship between social media and intercultural communication. Which it intrigues me a lot, in turn, becomes one of the reasons why I've chosen this university.
留学準備を始めた時期 (応募する 何か月前ですか?) Commencement of Preparation for Application	I've been prepared for the study abroad application ever since I entered Hiroshima University, which was 2 years ago.
事前準備について(どのような準備 をしたか、しておけばよかった か) Preparation Completed Prior to Study Abroad	I brought my small laptop to abroad which was great, because the assignments of the classes were mostly report, presentation that requires you to type.

2. 渡航について / Visa and Flight Information

ビザについて Visa	ビザの種類 / Visa Type : Student	
	ビザ申請先 / Location of Visa Application : Osaka	
	提出書類 / Required Documents : Passport, permissions from both ends of the school, bank account statement.	
	手続きに要した日数 / Duration of Visa Application Process: About 20 days	
その他必要な事前手続き Other Required Procedures	None	
出国年月日 / Date of Departure	2019年8月26日 (YYYY/MM/DD)	
経路(往路) / Route (Outward)	Taipei<Beijing<Milan	
現地での出迎え Pick-up Service	<input type="checkbox"/> 有/Yes (大学関係者/Univ. Staff ・ その他/Others) <input checked="" type="radio"/> 無/No	
到着後オリエンテーションの有 無・期間・内容 Orientation, Period, Contents	<input checked="" type="radio"/> 有/Yes	有の場合 期間/Period : 2019.8.28 - 2019.8.31 (If Yes) 内容/ Indicate Content Covered during Orientation
	<input type="checkbox"/> 無/No	
帰国年月日 / Date of Return	2020年1月16日 (YYYY/MM/DD)	
経路(復路) / Route (Return)	Barcelona<Dubai<Tokyo	

3. 留学費用について / Expenses

文 字 額 / Expenses	総額	116,000+(35,000+60,000+2,000+10,000) x12		円/yen
	Total Amount			
内 訳 Details	渡航費（往復） / Flight Ticket (Round Trip)	90,000		円/yen
	ビザ申請手数料/ Visa Application Charge	5,000		円/yen
	予防接種費用 / Immunization Charge	0		円/yen
	保険料 / Travel Insurance	18,000		円/yen
	教材費（授業料以外の学費） / Learning Material (Extra Tuition Fee)	3,000		円/yen
	宿舍費（住居費） / Accommodation Fee	35,000 per month		円/yen
	光熱費 / Utility Cost	0		円/yen
	食費 / Meal Cost	60,000per		円/yen
	通信費（インターネット・携帯） / Internet, Phone	2,000per		円/yen
	交通費（宿舍～大学間） / Transportation (Accommodation ~ Univ, Campus)	0		円/yen
	交際費 / Social Expenses	10,000per		円/yen
	その他 / Others (費)			円/yen

4. 授業・修学について / Courses and Study

授業の概要について（カリキュラム、プログラム、履修した科目、時間数、履修形態等） / Brief Description of Courses (Curriculum, Program, Registered Courses, Study Hours, Course Style)	I had to decide what classes do I want to take prior to the program application, and send out my class registration with my program application. Most of the class lasts 150minutes. It was mandatory to take Italian language class for half a semester.
単位互換希望の有無 / Credit Transfer from Host to Home University	<input checked="" type="checkbox"/> 有/Yes <input type="checkbox"/> 無/No
授業・勉強についてのアドバイス（留学前の履修、留学中、単位取得等） / Advice for Class and Study (Before and During Study Abroad)	The grading system was very strict, it specifically requires you to do well in many different areas, such as the finals were not only about the exam, but the assignments, presentations etc. combined, and the finals were not be more than 50% of the overall grade. Meaning unlike the majority of the class in Japan that requires you to only attend the class and do well in the final then you can get a grade, you will have to work hard all the way from the mid-term to the final in order to even get a grade, since even if you have a perfect score in the final, that's only the 50% of the overall grade.
日本と異なる授業形態などにおける困難や挑戦（ティーチングスタイル・先生と学生との関係性など） / Difficulties and Challenges Faced in Classes Different from Japan (Teaching Style, Relationship with Professors/Lecturers)	I think it will be a challenge for Japanese students, because unlike most of the In Japan that is quite passive, the class requires you to take part of the "interaction", you will have to express your opinion about the topic, and you will have to work in group to contribute to the class.

5. 生活等について / Lifestyle		
(1) 留学先の住居について / Accommodation		
住居の種類 Type of Accommodation	<input type="checkbox"/> 大学の寮 / University Dormitory <input checked="" type="checkbox"/> アパート / Apartment <input type="checkbox"/> その他 / Others ()	
住居の広さ Size of the Room	約/approximately m ²	同居人の有無 Roommate(s)? YES <input type="checkbox"/> 有 / Yes (3 人/People) <input type="checkbox"/> 無 / No
住居に附属する設備 Facilities in Accommodation	<input checked="" type="checkbox"/> 電気/ Electricity <input checked="" type="checkbox"/> ガス/ Gas <input type="checkbox"/> 水道/ Water <input checked="" type="checkbox"/> 給湯/ Hot Water <input checked="" type="checkbox"/> シャワー/ Shower <input type="checkbox"/> 風呂/ Bathtub <input checked="" type="checkbox"/> 水洗便所/ Flushable Toilet <input checked="" type="checkbox"/> 暖房/ Heating <input type="checkbox"/> 冷房/ Cooling <input checked="" type="checkbox"/> 台 所/ Kitchen <input checked="" type="checkbox"/> 食堂/ Dining Room <input type="checkbox"/> 固定電話/ Land-Line Phone <input checked="" type="checkbox"/> インターネット/ Internet <input type="checkbox"/> その他/ Others ()	
住居費 Accommodation Fee	1ヶ月当たり/ per month 350 EURO	(現地通貨/ local currency) 約/ approximately 35000 円/yen
留学先での住居全般に関する アドバイス Accommodation Advice		
(2) 医療について / Medical Care		
保険の加入先 Insurance (Who Designated)	<input type="checkbox"/> 本学指定の保険 / Hiroshima University <input type="checkbox"/> 留学先大学指定の保険 / Host University <input checked="" type="checkbox"/> その他 / Others (Home Country)	
保険の補償内容 Insurance Coverage	補償額 / Coverage 死亡 / Death 50000000 円 / yen, 入院1日 / per day of Hospitalization 30000 円 / yen その他 / Others ()	
留学前後での予防接種の必 要の有無 Immunization Requirement	<input type="checkbox"/> 有 / Yes (種類 /Acquired Immunizations : , 医療機関名 / Location of Immunization :) <input checked="" type="checkbox"/> 無 / No	
留学先国の医療事情 (日本 と比較して) Difference in Medical Service (Compared to Japan)	I've not gone to one.	
留学先での健康管理, 衛生 面について特に注意すべき こと Healthcare and Hygiene	Make sure to eat.	
(3) 危険を感じた地域, 状況, 安全管理において注意したこと / Dangerous Situations and Locations Encountered, Possible Advice for Risk Management		
Be aware of your personal belonging at all time. Do not go out alone at night.		
(4) 食生活についてのアドバイス / Food – Related Advice		
Make sure to eat		
(5) 気候・服装についてのアドバイス / Advice on Local Climate and Clothing		
It was not significantly different than Japan, if not Japan is colder.		

(6) 学内外の施設・設備環境について (インターネット環境含む) / Available Resources (Library, Cafeteria, Campus Wi-Fi, etc.)
There is not really a “campus”, but rather just a building.
(7) 現地学生や地域との交流について (どのような、機会・きっかけがありましたか?) / Communication with Local Students and People (Available Opportunities?)
USAC tried to organize us some event to interact with local students, but overall, there weren't many opportunities to interact with locals, unless you go party.
(8) 習慣やマナーの違いによる対人関係等, 注意すべきこと / Care and Attention regarding Customs and Manners
When you are out in a restaurant, you cannot bring your own drink, it is considered as disrespectful, so people usually order water in restaurants. Tip in the restaurant is not necessary though, they accept it.
(9) 日本から持っていくべきもの, 持っていくべきでないもの / What Should You Bring? What Should You NOT Bring?
Bring what your own thing with common sense.
(10) その他生活等に関して参考となる情報・アドバイス / Other Useful Information and Advice about Life Abroad
<ol style="list-style-type: none"> 1. This is a program for Americans to study abroad, everything is explained in a way that makes American easy to understand, unlike other exchange program that is already used to the students from all over the world including Japan, which they will have the knowledge to handle your problem, so in this program, you may have to handle the problem yourself, since they typically only deal with Americans. 2. Unless you are very confident in your English, especially speaking skills, I will not recommend you to take this program, because unlike the typical exchange program, you are studying with other foreign students who's a non-native speaker of the country, it may be easier for you to feel “fit-in” due to there are some other students just like you. And teacher may have more empathy towards you regarding your English during the class. Although, technically I was studying with only non-native speakers in Italy, due to the fact that this is an American program, rather than Italian standard, everything is more in an American standard such as assignment presentation etc. In class, you are expected to speak up quite frequently, and you will have to work with others, you may be quite difficult if you English is not proficient enough. Also, you may have a hard time to make friends, too. 3. I will not recommend this program, if you are looking for “the study abroad” experience in Italy, since this program is designed for the American students to get a taste of Italian culture, as oppose to entirely immerse into the environment.

6. 帰国後の進路について / Your Career After Study Abroad	
卒業予定年月 Expected Graduation Month and Year	2021 年 / year 3 月 / month (当初の卒業予定年月 / Expected Month and Year before Studying Abroad 2021 年 / year 3 月 / month)
卒業が遅れる見込みの場合, その理由 Reason for Extension of Graduation Month and Year?	<input type="checkbox"/> 4年次に留学したため / Participation in HUSA during 4th Year <input type="checkbox"/> 単位不足のため / Amount of Credits <input type="checkbox"/> 新卒で卒業するため / In order to graduate as a “new” graduate <input type="checkbox"/> その他 / Others (具体的に / Specific reason:)
現在の状況および今後の 予定・進路等 Current Situation, Plan and Career	I am planning to find an internship opportunity in an international company in Japan.
就職活動や留学前の単位 取得, 教育実習等について の工夫	TOEFL

Pre-arrangement by yourself for your future job hunting, acquisition of credits of required courses and practicum, etc.	
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**7. 留学準備, 留学中に役立った書籍, ウェブサイト等
/ Useful Books and Website for Study and Life Abroad**

書籍, サイト名 Name of Book or Website	詳細 (出版社, URL 等) Details (Publisher, URL etc.)	コメント Comments
The power of now		It helps you to be mentally tough and ready

8. 後輩へのメッセージ / Message for Outgoing Students who Desire to Study Abroad

Go push yourself, it may change your life.

9. 自由記述（日本語・1,200字程度） / Feedback (English about 600 words)

1. 留学を終えての所感 / Please describe and evaluate your study abroad experience briefly.

The overall study abroad was very fulfilling both on and off the campus. It was quite challenging for me on the academic part, due to the fact that the program adopts an American standard, they expect you to turn in the assignment in English in a high level. As oppose to you studying with other students who's also a none native English speaker, which makes teacher has more understanding that the students may not be able to express their opinion as free as a native. Thus, I had to step up and express my academic opinion during classes. Additionally, the classes required lots of presentation, which was also quite challenging. Meanwhile, when I was off from the class, I was able to hang out with the friends that I met there, go visiting places and experience the culture.

2. 留学期間中、最も印象に残った体験・出来事 / What was the most impressive experience in your study abroad experience?

It was definitely the social life that had there, because of the fact that there were all Americans in the program, specifically 44 of them, and I was the only person who's not from the U.S. I was able to experience in depth of their culture, learning lots of stuff that I wouldn't have known otherwise. Moreover, I made some really close friends that travels together during weekend, which makes my off campus life very fulfilling.

3. 留学の成果、留学前と比較して成長した点 / What is your achievement through the study abroad experience?

Academically, I believe that I became more expressive than before when it comes to in class discussion. Also, due to the constant presentation in class, my presentation skills have grown over the course. In addition, because of all the blogs that I was asked to write, I believe that my English writing skill has gotten better than before.

4. 今回の留学での経験や成果を今後どのように活かしたいか（将来のキャリアパスも含めて） / How do you want to make use of your study abroad experience in the future including your career?

This study abroad experience motivates me to be improving my communication skills. It is getting more and more globalized, I figure it is crucial to have the multicultural understanding, and knowing how to communication with people in general. On top of that, for the future career, regardless of what I will do, it is inevitable to cooperate with other people both inside and outside of the corporation, the communication skill is the key to be successful.





注1) 報告書およびその内容は、留学希望者への情報提供のため、HUSA ホームページおよび広島大学ホームページへの掲載、事務室での閲覧や大学の留学情報案内の作成のために利用させていただきます（氏名及び学生番号については、非公開とします）。ただし、公開にあたり不適切と判断された内容については、国際交流グループにて削除等させていただきますので予めご了承ください。 / This report and its contents will be uploaded on website of the HUSA and Hiroshima University, browsed at the office and used for information regarding study abroad at Hiroshima University in order to provide information to students who desire to study abroad. (Student name and student number are not published). If the report and its contents are included inadequate contents to be published, it would be deleted or amended it by International Exchange Group