

# University of Jyväskylä (Finland)

Contact Information	
Mailing address	International Office P.O. Box 35 FI-40014 University of Jyväskylä, Finland
Street address	University of Jyväskylä, Seminaarinkatu 15 40100 Jyväskylä, Finland
Office email	<a href="mailto:international-office@jyu.fi">international-office@jyu.fi</a>
Website	<a href="https://www.jyu.fi/en/">https://www.jyu.fi/en/</a> <a href="https://www.jyu.fi/en/apply">https://www.jyu.fi/en/apply</a> <a href="https://www.jyu.fi/en/study">https://www.jyu.fi/en/study</a>
Contact person for incoming and outgoing BILATERAL exchange students	Ms Tiina Savela, International Coordinator email. <a href="mailto:tiina.savela@jyu.fi">tiina.savela@jyu.fi</a> tel. +358 40 805 4342
Online brochures and videos	<a href="https://www.jyu.fi/en/university-services/university-communications/materials">https://www.jyu.fi/en/university-services/university-communications/materials</a> <a href="https://www.youtube.com/watch?v=gtPoGYK4-bY">https://www.youtube.com/watch?v=gtPoGYK4-bY</a> <a href="https://youtu.be/PvuN9Ttur1o">https://youtu.be/PvuN9Ttur1o</a>

## General information about the university

University of Jyväskylä	<p>University of Jyväskylä (JYU) is an internationally ranked research university. We are one of the largest and most popular multidisciplinary universities in Finland. JYU provides a genuinely supportive and enjoyable environment for studying. Our university has 15 000 students from about 100 countries. We believe that interaction with people from different cultures and backgrounds is an essential part of academic studies and the university experience. We are therefore committed to promoting international cooperation.</p> <p>JYU offers undergraduate and postgraduate degrees, teacher training programmes and over 120 subject area disciplines within the Faculties of Education and Psychology, Humanities and Social Sciences, Information Technology, Mathematics and Science, Sport and Health Sciences, and the School of Business and Economics.</p> <p>Study experience at JYU is shown as excellent results in the International Student Barometer (ISB) in autumn 2017: Over 90% of our international respondents are satisfied with their study experience. In the survey, JYU's ratings for satisfaction with living were the best worldwide and satisfaction with teaching was the highest in Finland. ISB also shows our success in welcoming our international students, as satisfaction with</p>
-------------------------	---

UNIVERSITY OF JYVÄSKYLÄ



	<p>arrival experiences and conditions topped other European universities.</p> <p><a href="https://www.jyu.fi/en/apply/get-to-know-us">https://www.jyu.fi/en/apply/get-to-know-us</a></p>
Core fields	<p>The University combines high-level competence in education, natural sciences, humanities and social sciences, and sport and health sciences, as well as in economics and business administration, into a multidisciplinary entity. This profile is strengthened through the following core fields:</p> <ul style="list-style-type: none"> <li>• Learning, teaching and the learning and growth environments that support development</li> <li>• Basic natural phenomena and mathematical thinking</li> <li>• Languages, culture and communities in global change processes</li> <li>• Physical activity, health and wellbeing</li> <li>• Information technology and the human in the knowledge society</li> </ul>
Short description of the city of Jyväskylä	<p>“A small city with a big feel” accurately describes Jyväskylä, located in the lake district of Finland some 270 kilometres north of Helsinki. It has the advantages of a small town being comfortable, compact and safe, and at the same time, it is a bustling modern centre of industry and learning. Out of the 139 000 inhabitants in the Jyväskylä region almost one fourth are students. The buildings designed by world famous architect, Alvar Aalto, add their own flavor to the cityscape.</p> <p><a href="https://www.jyu.fi/en/apply/get-to-know-us/city-of-jyvaskyla">https://www.jyu.fi/en/apply/get-to-know-us/city-of-jyvaskyla</a>  <a href="http://visitjyvaskyla.fi/en">http://visitjyvaskyla.fi/en</a></p>
Estimated cost of living	<p>International students must be able to pay for their food, accommodation, transport, social life, etc. The average living expenses of a single student in Jyväskylä amounts to about €700 per month. Average monthly costs:</p> <ul style="list-style-type: none"> <li>• rent in a student apartment 260 - 360 €</li> <li>• food 200-250 € (eg. a lunch in a student restaurant 2,70 €)</li> <li>• transport, leisure and other costs 150-200 €</li> </ul>

## Nominations and Application

Nominations	<p>Email nominations to <a href="mailto:tiina.savela@jyu.fi">tiina.savela@jyu.fi</a>. Please include the students name, email, and study field in the nomination email.</p> <p>Nomination deadlines:</p> <ul style="list-style-type: none"> <li>• Autumn semester: 1 May</li> <li>• Spring semester: 15 October</li> </ul>
-------------	--

UNIVERSITY OF JYVÄSKYLÄ



	Please note that only 50% of the nominated students can be students aiming to study Education at JYU.
Application periods	Autumn semester: 15 March - 15 May Spring semester: 1 September - 1 November  <i>Please notice that it is highly recommended that students coming from countries outside the EU apply well in advance because the application process for the residence permit to Finland will take more than a month (especially for the autumn semester).</i>
Application form	In order to be admitted to the University of Jyväskylä, students must fill in an online application through the Mobility-Online system. The link to the online application will be send to the nominated students. The application instructions can be found at <a href="https://www.jyu.fi/en/apply/student-exchange/how-to-apply">https://www.jyu.fi/en/apply/student-exchange/how-to-apply</a> .  In addition, students should attach an official transcript of records (in English) and a copy of their passport to the online application. Students also need to submit their preliminary study plan (Learning Agreement) as part of the online application. Course registration is done after the student's arrival to Jyväskylä and it is then possible to make changes to the preliminary study plan. Paper copies of the application or its attachments are not required.

<b>Academic Calendar</b>	
Semester dates	Autumn semester: 22 August – 16 December 2022 Spring semester: 2 January – 28 May 2023
Orientation programmes	Autumn semester: 23-26 August 2022 Spring semester: 3-5 January 2023  An orientation programme is organized at the beginning of each semester. All exchange students are requested to take part in the orientation programme as it gives valuable information on studying and living in Jyväskylä. For further information on the orientation, please see <a href="https://www.jyu.fi/en/study/new-student-handbook/orientation-programme-for-exchange-students">https://www.jyu.fi/en/study/new-student-handbook/orientation-programme-for-exchange-students</a> .
Arrival dates	Autumn semester: 22 August 2022 Spring semester: 2 January 2023



Courses	
Courses in English	<a href="https://r.jyu.fi/courses">r.jyu.fi/courses</a>
Questions related to courses and academic matters	Faculty-level international coordinators: <a href="https://r.jyu.fi/coordinators">r.jyu.fi/coordinators</a>
Which courses to choose?	Exchange students can choose courses from the curriculum of their host department and/or from the international study programmes arranged at the University of Jyväskylä. Some courses may be open to all exchange students. The openness is indicated in the course description by 'ALL' or a similar marking. Restrictions: <ul style="list-style-type: none"> <li>- Some courses may be targeted at students of a particular department or faculty only.</li> <li>- Courses may have prerequisites which participants must fulfil.</li> </ul>
Course levels	The fourth character in the course code indicates the level of study as follows: P = Basic studies, bachelor level A = Intermediate studies, bachelor level S = Advanced studies, master level.
Language of instruction	All courses offered for exchange students are given in English, apart from some language courses.

Accommodation	
How to apply for student housing	International students are accommodated in the housing units of Central Finland Student Housing Foundation (KOAS) and Soihtu Kortepohja. Accommodation is located about 2,5 - 4 kilometres from the main campus. Students should apply for accommodation as part of the application process <a href="https://www.jyu.fi/en/apply/student-exchange/how-to-apply">https://www.jyu.fi/en/apply/student-exchange/how-to-apply</a> . There is no need to fill in separate applications.
Application deadlines for student housing	15 May (autumn semester) 1 November (spring semester)
Further information	The apartments are usually shared by two (sometimes more) students. Each student will have a study-bedroom for him/herself. The kitchen and bathroom are shared with a roommate. More information about housing at <a href="https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/accommodation#autotoc-item-autotoc-6">https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/accommodation#autotoc-item-autotoc-6</a> .
Tenancy period	The University of Jyväskylä has reserved a quota of furnished study-bedrooms for exchange students. Those placed in the



	study-bedrooms of KOAS or Soihtu Kortepohja within the quota are required to sign a tenancy agreement for a fixed term. The fixed-term tenancy agreement cannot be terminated within the tenancy period.
Availability of the apartments	<p>Student housing cannot be guaranteed to all applicants during the autumn semester. Most students coming for the spring semester will be able to get a room from KOAS or Soihtu Kortepohja.</p> <p>Student apartments are available from the first working day of the month. If students arrive earlier, they may have to stay at a hotel or hostel until the student apartment is available. More information on hotels and hostels in Jyväskylä can be found at <a href="https://visitjyvaskyla.fi/en/stay-over-relax/accommodation">https://visitjyvaskyla.fi/en/stay-over-relax/accommodation</a>.</p>
Monthly rent and deposit	The price for a furnished single study-bedroom with a shared kitchen and bathroom varies from 260 € to 360 € per month. For KOAS apartments, the rent for the first month and a handling fee (non-refundable) of 50 € and for Soihtu Kortepohja, a deposit of 300€ must be paid in advance in order to confirm the housing offer.

## Language Courses and Language Skills Required

Language skills required	<p>Applicants should be at least B1 but preferably B2 (or higher) level users of the English language. Students should be able to follow university lectures in English, participate in seminar discussions and understand written material in their field. In addition, most courses require writing essays and research papers. A language test certificate is not required from exchange students.</p> <p>NB! In order to be able to apply for English as a major subject during the exchange, a student needs to have proof of TOEFL iBT 100.</p>
Survival Finnish	<p>8-18 August 2022 (contact teaching) Open to exchange students admitted to study at the University of Jyväskylä. Free of charge. Application deadline: 15 May. Further information: <a href="https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/s2/intensiivikurssi">https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/s2/intensiivikurssi</a></p>
Intensive Summer Course in Academic English	<p>8-19 August 2022 (contact teaching) Targeted at students whose English language proficiency level is A2-B1 (lower intermediate – intermediate). Free of charge. Before applying for the course, please assess your language skills by using the framework available at <a href="https://movi.jyu.fi/en/instructions/general-proficiency-level-assessment-guidelines.pdf/view">https://movi.jyu.fi/en/instructions/general-proficiency-level-assessment-guidelines.pdf/view</a>. Application deadline: 15 May. Further information: <a href="https://www.jyu.fi/en/apply/xenx040-intensive-summer-course-in-academic-english">https://www.jyu.fi/en/apply/xenx040-intensive-summer-course-in-academic-english</a></p>

UNIVERSITY OF JYVÄSKYLÄ



Language courses offered during the semesters	<p>The Centre for Multilingual Academic Communication Movi offers various courses in Finnish, English and other languages, as well as in multilingualism and intercultural communication.</p> <ul style="list-style-type: none"> <li>- Finnish courses: <a href="https://movi.jyu.fi/en/courses/languages/finnish">https://movi.jyu.fi/en/courses/languages/finnish</a></li> <li>- English courses: <a href="https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/englanti/elective">https://movi.jyu.fi/fi/opintotarjonta/kielitarjonta/englanti/elective</a></li> <li>- Courses in other languages: <a href="https://movi.jyu.fi/en/courses/languages">https://movi.jyu.fi/en/courses/languages</a></li> <li>- Courses related to multilingualism and intercultural communication: <a href="https://movi.jyu.fi/en/courses/multilingualism">https://movi.jyu.fi/en/courses/multilingualism</a></li> </ul>
---	--

Residence Permit	
EU/EEA/EFTA citizens	<p>Citizens of the EU/EEA/EFTA countries do not need a residence permit but they must register their right to reside in Finland if their continuous stay in Finland lasts for longer than 90 days. The registration should be done by submitting an application for registration and visiting a service point of the Finnish Immigration Service. More information: <a href="https://migri.fi/en/i-am-an-eu-citizen">https://migri.fi/en/i-am-an-eu-citizen</a></p>
Non-EU/EEA/EFTA citizens	<p>Citizens of non-EU/EEA/EFTA countries who wish to stay in Finland for more than 90 days must be in possession of a residence permit when entering the country. An application for the permit should be submitted electronically at <a href="https://migri.fi/en/home">https://migri.fi/en/home</a> as soon as the student has received the letter of admission. In addition to the electronic application, all applicants must visit a Finnish embassy in person to have their fingerprints collected. More information: <a href="https://migri.fi/en/residence-permit-application-for-studies">https://migri.fi/en/residence-permit-application-for-studies</a></p> <p>In order to obtain a residence permit to study in Finland, international students must show that their income is secured during the academic year. They must be able to prove that they have at their disposal at least EUR 560 for a month or EUR 6720 for a year. The following conditions must also be fulfilled:</p> <ul style="list-style-type: none"> <li>• the applicant must be at least 18 years of age</li> <li>• the application must provide evidence that the applicant has been accepted as a full-time student in Finland (letter of admission)</li> <li>• details of the comprehensive health insurance cover (with a reliable and solvent company or institution) must be attached to the application</li> </ul> <p>Doctoral students must apply for a residence permit for scientific research <a href="https://migri.fi/en/researcher">https://migri.fi/en/researcher</a>. NB! Doctoral</p>





	<p>students must be able to prove that they have at their disposal at least EUR 1000 per study month.</p> <p>NB! Please notice that if a student wishes to open a Finnish bank account, s/he needs to be in possession of a valid residence permit.</p>
Non-EU/EEA/EFTA citizens studying in an EU/EEA/EFTA country	<p>Citizens of a non-EU/EEA/EFTA country who study in an EU/EEA/EFTA country as a degree student should have a valid residence permit in the country where they study as a degree student. In addition, a mobility notification should be submitted to the Finnish Immigration Service. More information: <a href="https://migri.fi/en/mobility-notification-to-finland">https://migri.fi/en/mobility-notification-to-finland</a></p>

## Insurance

Non-EU/EEA/EFTA citizens	<p>All students studying at the University of Jyväskylä are responsible for obtaining their own insurance. Insurance cover is required when applying for the residence permit.</p>
EU/EEA/EFTA citizens	<p>Citizens of the EU/EEA/EFTA countries should bring a European Health Insurance Card with them. The European Health Insurance Card entitles the holder to all medically necessary care during his/her stay on the same terms as the local residents. Some health centre services are by law free of charge but the health centres may charge for certain services. Additional health and travel insurance is strongly recommended to cover any unexpected expenses, such as repatriation, medical transport or damage to personal belongings.</p>

## Student tutors and free-time activities

Student tutors/ Arrival Service	<p>The International Office employs tutors (senior students) from each faculty. Their task is to acquaint new international students with the system of studies and campus life in Jyväskylä and to help them with practical questions, such as planning a timetable for studies and finding their way around the campus and the city centre.</p> <p>Tutors will contact arriving students a couple of weeks before the beginning of the semester. They will, among other things, meet the students at Jyväskylä Travel Centre (railway/bus station) when they arrive to Jyväskylä and take them to their apartments, provided that the incoming student has notified the tutor of their exact time of arrival at least one week in advance. <a href="https://www.jyu.fi/en/study/new-student-handbook/plan-your-journey">https://www.jyu.fi/en/study/new-student-handbook/plan-your-journey</a></p>
---------------------------------	--



Free time activities	Sports and exercise opportunities at the University of Jyväskylä are almost limitless ranging from wall climbing, spinning and snowboarding to the more traditional skiing, aerobics, yoga and various ball games. For music and culture lovers the University offers many other free time activities, including performances by the University Symphony Orchestra, several choirs and bands, student theatre, and a rock club with stand-up comedy nights and improvisation theatre. The Student Union in cooperation with the Erasmus Student Network (ESN) organises various events, trips, parties and get-togethers for exchange students eg. the Ultimate Sauna Experience, Café Lingua, Trips to Lapland, Russia, Estonia and many more! More information at <a href="https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/social-activities-and-leisure-time">https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/social-activities-and-leisure-time</a>
Friendship Family Programme	The purpose of the Friendship Family Programme is to give international students a chance to have first-hand experience of the Finnish culture and way of life in a Finnish family, in addition to life on campus. At the same time, the families get an opportunity to learn about the students' home countries and cultures. Please note that the programme does not include accommodation with families. More information at <a href="https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/friendship-family-programme">https://www.jyu.fi/en/study/day-to-day-life-housing-and-free-time/friendship-family-programme</a>

## Summer and Winter Schools

Summer and Winter Schools at JYU	JYU organizes two annual summer schools: International Summer School in Human Sciences in May-June, and Jyväskylä Summer School in August which offers courses in various fields of science. We also organize two winter schools: Winter School in Sport Sciences in January, and Winter School in Ecology in February. More information at <a href="https://www.jyu.fi/en/apply/summer-and-winter-schools">https://www.jyu.fi/en/apply/summer-and-winter-schools</a> .
----------------------------------	---

## COVID-19

Guidelines by the University of Jyväskylä	The University of Jyväskylä will accept exchange students for in-person exchanges during the academic year 2022-2023. Partner institutions and applicants will be informed of any updates made in the matter. The University of Jyväskylä reserves the right to cancel student exchanges, if the number of COVID-19 infections rises drastically.
Links for updates	Coronavirus Instructions JYU: <a href="https://r.jyu.fi/DmW">https://r.jyu.fi/DmW</a> Finnish Institute for Health and Welfare: <a href="https://thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates">https://thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates</a> . Coronavirus information for incoming exchange students (to be updated): <a href="https://r.jyu.fi/DqG">https://r.jyu.fi/DqG</a>





UNIVERSITY OF JYVÄSKYLÄ

