



**INTERNATIONAL
NETWORK
OF UNIVERSITIES**
25th Anniversary

2024
INU Workshop
**Nursing Impact on Global Conflict,
Healthcare Advocacy and World Peace**

August 2 – 10, 2024

Hiroshima, Japan

Student Guidebook

(Last update; August 25, 2024)

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Introduction

Welcome to the Global Perspectives on Nursing Impact on Global Conflict, Healthcare Advocacy, and World Peace workshop held at Hiroshima University, Japan, in August 2024. Scheduled to take place concurrent with the Peace Memorial Ceremony on August 6. The nursing workshop will include expert speakers from INU participating schools of nursing, joint sessions with other INU workshops, visits to community sites, and interactive case studies in which all students will be participating.

The call for global citizenship has never been more imperative as our world faces political and social unrest. Advocating for fundamental human rights should be at the forefront of our interconnected lives, crossing all geographic boundaries. As we move further into the 21st century, transcend national borders, and work collaboratively, we must support initiatives that promote a united stance for peace, healthcare for all, and conflict prevention. In the face of global conflicts, providing healthcare support becomes critical to ensuring the well-being of affected populations. Education plays a crucial role in these initiatives to foster a culture of peace and teach our future generations how vital global citizenship is in peaceful negotiations.

The workshop will run for nine days, with presentations by nursing academics and researchers, as well as small group work and sessions with students in the INU Global Citizenship and Peace programs. Students will be assigned to one of six groups, each exploring a specific scenario. These workshop scenarios have been designed to allow undergraduate nursing students to identify strategies to deal with health problems that result in unsafe practices. The scenarios encourage students to think about how they might advocate for those situations and people in the condition and consequently affected by conflicts.

Please note that an electronic device, such as a computer or iPad/ tablet, is required. You will need a computer to complete your work and email access for sending and receiving documents. If you have questions about computer concerns or issues, notify your faculty representative.

Educational Aims

The overall aim of the workshop is to engage nursing students and faculty in academic and applied inquiry regarding Nursing's Impact on Global Conflict, Healthcare Advocacy, and World Peace so that graduating nurses can advocate for and raise awareness of those affected by these global conflicts and the consequences thereof.

The workshop aims to:

- 1) inspire and equip nursing students with the knowledge, skills, and confidence to actively contribute to conflict prevention, healthcare advocacy, and peacebuilding initiatives;
- 2) encourage critical reflection and self-awareness, nurturing a sense of professional responsibility and commitment to social justice within the nursing profession;
- 3) provide opportunities for intercultural dialogue, collaboration, and mutual understanding, fostering empathy and solidarity across national boundaries and
- 4) empower nursing students to become effective advocates for vulnerable populations and catalysts for positive change within their communities.

The Nursing Collaborative workshop will address the intricate relationship between global conflicts and healthcare, emphasizing the importance of a multidimensional approach involving political advocacy, financial support, and global citizenship. By understanding the complexities of healthcare delivery in conflict zones, we desire to contribute to building a more peaceful and just world. to explore the causes and consequences of war and conflicts in healthcare, with a particular focus on safety issues from a nursing perspective, political advocacy for patients, and long-term effects in nations affected by such conflict. Additionally, it will emphasize the role of global citizenship in preventing conflicts and fostering a more peaceful world.

Offering an international student workshop for nursing students from multiple countries provides a fruitful experience for fostering global citizenship and collaboration while transcending their geographical boundaries. The INU Nursing Collaborative proposes a nursing workshop during the 2024 seminar.

The rationale for developing this workshop on the impact of nursing on global conflict, healthcare advocacy, and world peace stems from the recognition of nurses' unique position to effect change amid adversity. As

trusted caregivers and advocates for patients, nurses possess invaluable insights into the complex intersection of healthcare delivery and conflict resolution. By leveraging their expertise and commitment to compassionate care, nurses have the potential to play a transformative role in advancing peacebuilding efforts and promoting health equity in conflict-affected regions.

Furthermore, in an increasingly interconnected world where geopolitical tensions have global ramifications, there is a pressing need for interdisciplinary collaboration and cross-cultural understanding. Nurses with diverse backgrounds and experiences are well-positioned to bridge divides and foster dialogue among stakeholders from different sectors and regions. Engaging nursing students from multiple countries in a collaborative workshop aims to cultivate a sense of global citizenship and solidarity, empowering the next generation of healthcare professionals to be agents of change in their communities and beyond.

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Expected student outcomes

- Students will examine the differences between health policies in the respective countries.
- Students will explore the effects of conflict/war on the social determinant of health (SDOH).
- Students will develop practical recommendations for enhancing safety, securing funding, and advocating for patients in conflict zones.
- Students will practice global citizenship and its role in conflict prevention.
- Students will participate in a final presentation on advocating for a global issue.

Seminar and Workshop Schedule

Each day, lectures, interactive discussions, case studies, and group activities will be combined to engage participants and achieve the stated outcomes. Throughout the seminar, participants will be encouraged to reflect on their roles as healthcare professionals and global citizens in promoting peace and justice in the face of global conflicts. Additionally, each day will be an immersive cultural activity.

Group Work – What to expect

During this workshop, you will be assigned to a small group with other students. Your group will be assigned a specific type of healthcare-related conflict case scenario, and you will be asked to consider nursing concerns and actions appropriate to the scenario. You will meet several times and be asked to think about your assignment, identify issues, and report on possible solutions. Group members will remain the same throughout the program.

Facilitators (participating faculties) will guide you through this process, and you will be given additional handouts. You should, however, be sure to review the documents referenced in this student handbook before the workshop. Some of these documents are general; others are specific to one of the scenarios, and you need only review those specific to your assigned scenario prior to the workshop.

Preparation for the Workshop and Assignment Guidelines

A. Preparatory Readings on Hiroshima, the Atomic Bomb, and Peace

Here are some links that you can access:

- Hiroshima Peace Media Center (The Chugoku Shimbun)
https://www.hiroshimapeacemedia.jp/?page_id=84734
- The Atomic Bombing and the Bank of Japan
<https://www3.boj.or.jp/hiroshima/atomic-bombE/index.html>
- Hiroshima for Global Peace
<https://hiroshimaforpeace.com/en/effort/>

Hiroshima Peace Memorial Museum web site (students will visit the museum on August 5, but it is helpful to browse the web site before visiting):

- Hiroshima Peace Memorial Museum website
[Hiroshima Peace Memorial Museum \(hpmmuseum.jp\)](http://hpmmuseum.jp)
- Virtual Tour of the Peace Park, in the Peace Memorial Museum
[デジタル 3D コンテンツ in 平和記念公園 \(noxaula.com\)](http://noxaula.com)
- Peace Database, Hiroshima Peace Memorial Museum
[Hiroshima Peace Memorial Museum Peace Database \(hpmm-db.jp\)](http://hpmm-db.jp)

B. Preparatory Readings for conflicts and impacts and consequences on health Nursing Workshop

There are some suggested readings for the program:

- Day 1 Concept Analysis

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC10092232/pdf/JAN-79-31.pdf>

- Mulugeta Wodaje Arage et al. (2023), Exploring the health consequences of armed conflict: the perspective of Northeast Ethiopia, 2022: a qualitative study

Access:

<https://drive.google.com/file/d/11wBxqmOUfqZclgh72hJVcvplxlG1Tshi/view?usp=sharing>

- Rudi Coninx, et al. (2022) ,How health can make a contribution to peace in Africa:WHO's Global Health for Peace Initiative (GHPI)

Access:

<https://drive.google.com/file/d/15r77bNj9TmlDJC7kGzcocq-dzEHhZlh/view?usp=sharing>

- Graeme MacQueen, Joanna Santa-Barbara (2000), Peace building through health initiatives

Access:

<https://drive.google.com/file/d/1Op9ujcpZbyOcxSlzyadrUQXtG4NcYBCI/view?usp=sharing>

- WHO Thematic Paper on Health and Peace (2020),

Access:

https://drive.google.com/file/d/1XN77Tftwy_nqRpXL0B-NgbcUm7bw6vh/view?usp=sharing

- Fariba Hosseinzadegan et al. (2020), Factors Affecting Nurses' Impact on Social Justice in the Health System

Access:

https://drive.google.com/file/d/1qiGCjo2tQjQfY_XGGTVRhPP0QQpbodgy/view?usp=sharing

- Daniel Shapiro and Catherine Hua (2020), Mitigating the global health threat of violent conflict: a preventive framework

Access:

https://drive.google.com/file/d/1kSlhD7Nx_zc6JIA1oONZL7X2GSQCxK_h/view?usp=sharing

- Srof, B. J., Lagerwey, M., & Liechty, J. (2023). Nurses' lived experience of peacebuilding. *Nursing Inquiry*, 30, e12591. <https://doi.org/10.1111/nin.12591>

C. Country Group Presentation Assignment

Students should arrive prepared to present a 15-minute discussion about their country's healthcare system, conflicts, and impacts. The presentation is limited to 12 PowerPoint slides plus a title slide. If more than one student participates from the same country, the information will be presented together. The groups will be allocated prior to the program, and please work collaboratively.

You must submit your presentations via email to Associate Prof. Mayumi Kako at mayumika@hiroshima-u.ac.jp or uploading the below shared holder.

<https://drive.google.com/drive/folders/1z3XEES9hbLHpXvviGJdKuJg6lRtWwbU2?usp=sharing>

The due date is on the evening of Wednesday, July 31st. (The student's presentation will be during the morning session on the 3rd of August). Please use "INU Nursing Workshop –Student Country Assignment" in your subject line when you send your email.

Please practice your presentation to ensure it fits within a 15-minute timeframe. In fairness to all, presentations will not be allowed to exceed their allotted time, so a single designated speaker for each country will work best, though all should be involved in developing the material.

Use the following questions to focus your presentation:

- What is the size, population and key features of your country? (1-2 slides)
- How does your country provide health/illness services to the population? (2-4 slides)
- Has your country experienced any armed conflicts and/ or impacted by this? If so, please describe one case.
 - How does your country define 'protection of those affected people and provide care for them?
 - How do health care organization(s) respond to this situation and problems for affected people?
 - What does the government or health system do to address those affected people and to protect them?
 - How are nurses and other health care workers used to address problems with those affected people?
 - Statistics on health care for those affected people in your country.

You should consult with the nurse faculty member of your home university as you work on your presentation.

Assessment and Certificate

All nursing students participating in the Impact on Global Conflict, Healthcare Advocacy and World Peace will receive a certificate of attendance at the completion of the workshop. Academic credit may be available through home universities and should be arranged there.

As an integral part of the program, each participant will be asked to participate in a research study. Participants will receive an email explaining the purpose of the study and consent to participate. Participants will receive links to answer daily reflection questions during the Impact on Global Conflict, Healthcare Advocacy, and World Peace Workshop. All responses provided are anonymous and will be used for the purpose of 1) assessment of student learning outcomes, 2) students providing feedback to workshop, instructors and organizers and 3) assessing cultural beliefs, events and values.

Participants will receive a link for the Workshop Evaluation survey at the end of the Workshop.

Final Group Presentation Assignment

Students will prepare a 15-minute presentation on the differences between health policies in respective countries, developing practical recommendations for enhancing safety, securing funding, and advocating for patients in conflict zones. Students will also identify the role of nursing in conflict prevention and advocating for global peace.

The presentation style is open to the development of each group. For example, you may present with a PowerPoint slide presentation or video skit. You may also discuss options with faculty.

Cultural Activities

In addition to the activities specifically planned for the workshop, the faculty has scheduled a number of activities that will orient you to the culture of Japan. This is an opportunity to see both a health topic and a specific culture, and not to be missed.

Points of Contact

Academic (Curriculum related information)

- Prof. Michiko Moriyama(Hiroshima University)
Email: morimich@hiroshima-u.ac.jp
- Associate Prof. Mayumi Kako(Hiroshima University)
Email: mayumika@hiroshima-u.ac.jp

Travel and Accommodation (Hiroshima University Logistical Support)

- Ms. Yuko Ito (Hiroshima University)
Tel: +81 (0)90-7774-3953
Email: yuito@hiroshima-u.ac.jp

Emergency Number Available Between August 2-11

- Prof. Michiko Moriyama (Hiroshima University)
Tel: +81 90-3574-3192
- Associate Prof. Mayumi Kako (Hiroshima University)
Tel: +81 70 2677 0504

INU Nursing Collaborative

Four universities (Hiroshima University, Malmo University, Stellenbosch University, and James Madison University) from the International Network of Universities (INU) Nursing Collaborative will participate in the workshop. The project partners are as follows:

1. Professor Portia J Jordan, Department of Nursing and Midwifery, Faculty of Medicine and Health Sciences, Stellenbosch University, Cape Town, South Africa.
2. Dr Santel de Lange, Department of Nursing and Midwifery, Faculty of Medicine and Health Sciences, Stellenbosch University, Cape Town, South Africa.
3. Professor Melody Eaton, Director of the School of Nursing, James Madison University, Virginia, USA
4. Professor Christine Argenbright, School of Nursing, James Madison University, Harrisonburg, USA
5. Professor Michiko Moriyama, Hiroshima University, Japan
6. Associate Professor Mayumi Kako, Hiroshima University, Japan
7. Associate Senior Lecturer Marie-Louise Möllerberg, Malmo University

The project partners collaborated in co-developing the nursing workshop to promote the seminar's theme of world peace and political justice. Approximately two teachers and two-three students from each country will participate in the seminar and nursing workshop activities.

Our Lecturers

Michiko Moriyama, RN, Ph.D

Professor at Hiroshima University, Japan

Dr. Moriyama has taught at Hiroshima University since 2002. She previously worked at Ministry of Health, Labor and Welfare as a nursing specialist, where she contributed to the development of the National Long-term care insurance system. Prof Moriyama is a clinical nurse specialist in gerontology, and is an expert on chronic care and family nursing. Additionally, she served as a chair to the 10th International Family



Nursing Conference. Prof. Moriyama is a board member of many professional and academic organizations and won national and international awards in her field. She has published numerous papers and books.

Mayumi Kako, RN, PhD

Associate Professor Hiroshima University

Dr. Kako completed her bachelor education in Japan and master and doctoral degree from Flinders University, South Australia. She has been working in the area of disaster nursing, community nursing and disaster risk reduction. She is collaborating with various community organizations including NPOs and NGOs. Dr Kako's current research activities include international survey on primary health care nursing curriculum education and preparedness of community nurses.



Portia Jordan, PhD, MBA, MCur, RN

Professor, Department of Nursing and Midwifery, Faculty of Medicine and Health Sciences, Stellenbosch University, South Africa

Dr. Jordan holds a PhD in Nursing, Master of Business Administration and specialist qualifications in: Nursing Education, Critical Care - and Nephrology Nursing. Her research focuses on critical care nursing, evidence-based practice and patient safety education in nursing.

She is the chairperson of FUNDISA (Forum for University Nursing Deans in South Africa), and member of the Critical Care Society, Southern Africa, member of the Ministerial Advisory Committee – COVID-19 committee as appointed by the Minister of Health in South Africa, and Fellow of the Academy of Nursing, South Africa. Internationally, she is a member of Tau Lamda Chapter for Sigma Theta Tau International Honor Nursing Society (STTI), member of the STTI Research and Advisory Council, member of the Consortium of Universities for Global Health (CUGH)– Education Committee.



Santel de Lange, PhD, Mnurs, Trauma and Emergency Nursing, RN
Lecturer, Department of Nursing and Midwifery, Faculty of Medicine and Health Sciences, Stellenbosch University, Cape Town, South Africa

Dr de Lange holds a PhD in Nursing Science, Master in Nursing: Clinical fields of study and specialty qualifications in: Trauma and Emergency Nursing and Nursing Education. Her research focus on Emergency Nursing, interprofessional communication and collaboration and evidence-based practice.



She is a committee member of the Emergency Nurses Association of South Africa, a member of the African Federation of Emergency Medicine (AFEM) and the AFEM Nurses Forum. She is also a member of Sigma Theta Tau International Honor Nursing Society (STTI) Alpha Beta Beta Chapter. She collaborates with national and international organizations for the improvement of emergency care.

Melody Eaton PhD, MBA, RN, FAAN
Professor and Director of the School of Nursing, James Madison University, USA

Dr. Melody Eaton received a Ph.D. in Nursing (Health Policy & Administration) from George Mason University. She holds a longstanding administration, health policy, rural health and educational leadership background. She currently serves as Director for the School of Nursing at James Madison University. As a founding member of the James Madison University Health Policy Collaborative and the Rural Engagement & Capacity- Building Hub (REACH), she studied Team Based Learning (TBL) to increase interprofessional student policy advocacy knowledge, skills, and engagement.



This educational best practice model was published in Peer Review and Nurse Educator. An advocate for professional service and civic engagement, Dr. Eaton is active in state and national nursing associations, including the Virginia Association of Colleges of Nursing (VACN), American Association of Colleges of Nursing (AACN), and Commission on Collegiate Nursing Education (CCNE). During her recent term as Virginia Association of Colleges of Nursing President she facilitated policy initiatives to address education practice challenges securing state budget amendments for nursing faculty salary raises. Dr. Eaton was inducted as a Fellow in the American Academy of Nursing for her workforce advocacy and health policy education commitment and impact.

Christine Argenbright, PhD, RN, CNL, FAAN
Professor, School of Nursing, James Madison University, USA

Dr. Argenbright leads the International Network of Universities Nursing Leadership Collaborative. The nursing collaborative supports global citizenship and initiatives impacting patient-centered care, health outcomes, and cross-cultural learning experiences to promote QSEN competencies, leadership skill development, and multicultural awareness. Her leadership influences the delivery of multicultural learning activities in person or virtual learning spaces to encourage self-reflection and leadership skill development. She successfully developed and led cross-cultural education experiences in Spain, Japan, and the British Overseas Territories. She is a recognized national and international nursing leader who is dedicated and committed to leading and collaborating with nursing leaders to educate students and nurses on the importance of patient-centered care, culturally competent care, and leadership. The outcomes of her work at the international level regarding nursing students' responses to multicultural experiences significantly enhance students' acceptance of inclusivity and awareness of global citizenship. Dr. Argenbright received her PhD from the University of Arizona.



Marie-Louise Möllerberg, RN, M.NSc, Ph.D.
Associate senior lecturer at Malmö University, Sweden



Dr. Marie-Louise Möllerberg has been cancer and palliative care specialist nurse for several years. She also has experience working for the Red Cross in Uganda. Since 2017, when she received her Doctor of Philosophy in caring science, her research has been about family nursing, accurate measurement with questionnaires and quality of cancer and palliative care. She has been working as an associate senior lecturer since 2023 at Malmö University, and her primary teaching subject is palliative care and research methodology. She has published several

papers and reports.

Lauren Mullen MSN, RN
Assistant Professor James Madison University

Lauren Mullen is an Assistant Professor and serves as the Simulation Program Director at James Madison University's School of Nursing. Lauren holds a Master's Degree in Nursing Education, as well as CNE and CHSE certifications. Lauren's expertise include the application of simulation pedagogy, competency-based education, and interprofessional practice. Lauren values the art of Nursing and integrates her experiences as a professional nurse and educator to deliver high quality, evidenced based simulation. Lauren is a published scholar, leader, innovator, advocate, and expert in simulation and nursing education.



Brandi Walton, MSN, RN, CNE, CHSE
Simulation Educator, James Madison University



Brandi Walton is a dynamic Simulation Educator in the School of Nursing at James Madison University. With 21 years of nursing experience, particularly in emergency care, perioperative care, and education, Brandi is a dedicated advocate for Interprofessional and Simulation Education initiatives. She is a member of INACSL, SSH, and the Virginia State Simulation Alliance. In addition, she has a particular interest in NCLEX test development and patient self-advocacy. She enthusiastically shares her expertise, interests, and research as an educator in a variety of platforms, including publications, conferences, and workshops.

Shamsul Hadi SHAMS (Day 4)



Shamsul Hadi SHAMS Specialist and Team Leader: Entrepreneurship and Private Sector Development, Division for Prosperity, UNITAR Shamsul Hadi SHAMS hold a PhD in International Development and Cooperation and a master's degree in politics and international Relations. He is currently managing the Entrepreneurship and Private Sector Development Portfolio. He has been leading the designing, implementing, and evaluating training programmes for youth in the Middle East and Africa, including Iraq, Lebanon, Egypt, South Sudan, Somalia, Sudan, Ethiopia and Kenya. He earned Certifications in Designing Virtual Training and e-Learning

Instructional Design, and a Master of Instructional Design and led the development of courses for the Great Ideas Space (GIS).

Reference: Hiroshima Peace Media

<https://www.hiroshimapeacemedia.jp/?p=89593>

Sabahuddin SOKOUT (Day 4)



Sabahuddin SOKOUT Afghanistan Program Coordinator Sabahuddin SOKOUT is the UNITAR Program Coordinator and Focal Point in Afghanistan. Prior to this he was Administration and Finance Officer at the Baz Construction Unit for Rehabilitation of Afghanistan (BCURA) and Liaison Officer of Foreign Affairs in the Academy of Science of Afghanistan. He graduated from the Faculty of Economics of Kabul University in 1997. His professional background is International Economy, Organizational studies, and change. He has obtained his master's degree on International Peace and Co-existence from Hiroshima University and his major was Peacebuilding through Economic Development. Mr. Sokout has taken part in many trainings and certified courses on project design, planning, accounting, fraud mitigation and environmental issues. Mr. Sokout joined the UNITAR Hiroshima Fellowship for Afghanistan as a Fellow in 2005, as a Coach in 2006 and 2007, and as an Afghan Resource Person in 2008. He has been engaged for seven years in policy and strategy development with many companies, NGOs, and MSMEs in Afghanistan.

Dr. Nobuyuki HIROHASHI (Day 6)

**Professor, Acute care physician, Department of Radiation Disaster Medicine, Research Institute for Radiation Biology and Medicine
Director, Radiation Disaster Medicine Support Center, Hiroshima University**



Nobuyuki Hirohashi graduated from Kurume University School of Medicine in 1989 and received his Ph.D. from Kurume University Graduate School of Medicine in 1993. He then studied as a postdoctoral fellow in the Department of Microbiology, Immunology, and Molecular Genetics of the University of Kansas Medical Center, USA, from 1993 to 1995. In 1995, he became an assistant professor of emergency and critical care medicine at Kurume University School of Medicine, and after working as a lecturer, he was appointed as an associate professor of emergency and critical care medicine at Hiroshima University in 2007. He served as a member of DMAT (disaster medical assistance team) and Emergency Radiation Medical Team during the Great East Japan Earthquake and Fukushima Daiichi Nuclear Power Plant Accident in 2011. In 2017, he was appointed a professor at the Department of Radiation Disaster

Medicine, Research Institute for Radiation Biology and Medicine, Hiroshima University. He has been involved in the education of radiation emergency medicine in Japan and abroad. He is currently the Director of the Radiation Disaster Medicine Support Center at Hiroshima University and a member of the Board of Directors of the Japanese Society for Radiation Accident and Disaster Medicine. Radiation accidents and disasters are very rare events, but they do occur even in the absence of nuclear power plants. In today's lecture, I will discuss radiation disaster medicine and the current status and challenges of nuclear disaster medicine system development in Japan.

<https://www.facebook.com/RM.RIRBM2017>

Dr. Nanao KAMADA (Day 6)

Doctor of medicine. Professor emeritus at Hiroshima University. Honorary member of Japan Radiation Research Society and of Japan Society of Human Genetics. Director of Japan chapter of International Physicians for Prevention of Nuclear War (IPPNW). Chairman of HICARE (Hiroshima International Council for Health Care of the Radiation-exposed) from 1997 to 1999. He studied on heavily exposed atomic bomb survivors in Hiroshima for 53 years from hematology, radiation biology, cytogenetics and molecular biology stand points. Winner of the Takashi Nagai Nagasaki Peace Award, the Japan Cancer Society Award and Hiroshima Citizen's Award. Works include: "One Day in Hiroshima: an Oral History" and the French, German and Spanish versions.



[Nanao Kamada – Hiroshima: Faces \(faces-hiroshima.com\)](http://faces-hiroshima.com)

Ms Tomoko WATANABE (Day 6)

Executive Director, ANT-Hiroshima Co-Founder, Green Legacy Hiroshima Initiative Board of Directors, Hiroshima Peace Culture Foundation

Born in 1953, Tomoko Watanabe is a second-generation A-bomb survivor. She founded ANT-Hiroshima in 1989. The mission of her work involves promoting peace through greater awareness of the experiences of the people of Hiroshima and Nagasaki who witnessed the horror of nuclear weapons first-hand. She has overseen a number of projects in developing or post-conflict countries and works directly with local people to meet their immediate needs, develop educational facilities, and contribute to a culture of peace. ANT-Hiroshima is involved in a range of activities related to international peace, international cooperation, and education. (<http://www.ant-hiroshima.org>) Ms. Watanabe is co-founder of the Green Legacy Hiroshima (GLH) Initiative, a global campaign to disseminate and plant worldwide the seeds and saplings of trees that survived the atomic bombing of Hiroshima in 1945. The GLH Initiative, now in its 8th year, is currently engaged in 34 countries. (<http://www.unitar.org/greenlegacyhiroshima>) She has been a member of the Board of Directors of the Hiroshima Peace Culture Foundation since 1998. From October 2004 to October 2012, she served on the Hiroshima Municipal Board of Education. She graduated from Hiroshima Shudo University in 1976 with a degree in business management.



Dr. Shinichiro Ohshimo (Day 8)

Dr. Shinichiro Ohshimo is an Associate Professor of Department of Emergency and Critical Care Medicine at Hiroshima University (Japan). He received his undergraduate training, his MD and his residency in Respiratory Medicine at Hiroshima University (Japan). In 2006 he completed his PhD at Hiroshima University under the supervision of Professor Nobuoki Kohno, with a thesis on "Biochemical analysis of KL-6, a human MUC1 mucin, on human lung fibroblasts". Between 2006 and 2008 he joined the Interstitial and Rare Lung Disease Unit of Ruhrlandklinik, University of Duisburg-Essen (Germany) as a research fellow under the supervision of Professor Ulrich Costabel. He engaged in the studies of bronchoalveolar lavage and acute exacerbation of interstitial lung diseases. He joined Guy's and



St Thomas Hospital, University of London, UK and Royal Papworth Hospital, University of Cambridge, UK in 2020 as a visiting professor and received training on ECMO and transport. He served as a representative of the ECMO project committee in Japan from 2017 to 2022. His main research interests include interstitial lung diseases and acute respiratory distress syndrome. He is an expert in the treatment of acute respiratory failure using mechanical ventilation and extracorporeal membrane oxygenation (ECMO).

Guest Speaker

Keiko OGURA (Day 4)

Personal Account of A-bomb Experience

Director of the “Hiroshima Interpreters for Peace” (HIP)

She was born in 1937 in Hiroshima. On August 6, 1945, when Keiko was 8 years old, she was exposed to the atomic bomb 2.4km away from the hypocenter. In 1962, she got married to Mr. Kaoru Ogura, who was the director of Hiroshima Peace Memorial Museum as well as a secretary general of Hiroshima Peace Culture Foundation. He was engaged in the promotion of A-bomb exhibitions outside Japan. After her husband's death in 1979, she began working for Hiroshima herself and deepened international exchanges with writers and journalists and became an interpreting coordinator for peace-movement visitors from abroad. In 1984, she established Hiroshima Interpreters for Peace and published *Hiroshima Handbook* and *Hiroshima Peace Park Guide*. Since April 2011, she became an official A-bomb survivor of Hiroshima Peace Cultural Foundation, delivering her experience in English for foreigners. She received the Hiroshima Peace Center Foundation's 25th Kiyoshi Tanimoto Peace prize in 2013. In May 2023, at the G7 Hiroshima Summit, she recently shared her story with world leaders attending the G7 Summit (including the heads of state of the invited countries and Ukrainian President Zelensky). In May 2024, she received an honorary Doctorate in Humane Letters from the University of Idaho.



During these times of the Russian invasion to Ukraine, she had the opportunity to meet with President of the European Council Charles Michel, who visited Hiroshima, and deliver her A-bomb experience to him.

“Through the suffering and loss of so many lives in Hiroshima, we can recognize the unique strength that lies in remembering peace. I sincerely hope that all world leaders will get to share on this strength and take even just one new step on the road toward abolishing nuclear weapons.”

In the wake of the tragic event of the Russian invasion to Ukraine, her words are once again attracting attention from around the world.

Since 1990, when she started a planning company with global-minded proposals and designs for governments and corporations, she has supported numerous visitors from abroad and international peace conferences. Also, as an A-bomb survivor herself, she often appears in the worldwide media.

References:

- Hiroshima Interpreters for Peace (HIP)
<https://hiphiroshima.org/>
- Atomic bomb survivor testimony video now available
https://hpmmuseum.jp/modules/news/index.php?action=PageView&page_id=196&lang=eng
- Atomic Bomb Survivor, Ms. Keiko Ogura, visited Harvard, MIT, and Tufts
https://youtu.be/9i1_djLbhy8
- Connecting for Peace UNESCO ASPnet U.K. Virtual Conference 2022
<https://www.eventbrite.co.uk/e/connecting-for-peace-unesco-aspnet-uk-virtual-conference-2022-tickets-291676772077>

Support Staff

YUKO ITO RD, Ph.D.

Research Support Staff at Hiroshima University, Japan

Research focuses are improving the livelihoods and nutrition of people, especially women, in developing countries. She has worked at several countries in Asia and Africa. Currently she focus on pre-symptomatic state of people who looks fine although have some disorder, their lifestyle and living food (i.g. raw and hakkoh food). She is happy to be able to support this course again as she did last time in 2017 and look forward to meeting all of you. INU Nursing 2024 staff will support you to make the workshop a fruitful experience and have a wonderful time.



Culture Event

Sakagura Dori (Sake Brewery Street) (Day 1)

*** Sake: Japanese rice wine**

Saijo is located at a high altitude and is blessed with a climate and groundwater suitable for brewing sake, making it a major brewing center. The temperature difference between day and night and the high-quality water produce high quality

rice for sake brewing. The highest quality ginjo-syu (type of sake brewed by low temperature fermentation from white rice milled to 60%) is produced here.



In December 2017, the Japanese organization of the International Council on Monuments and Sites (ICOMOS) selected "Japan's 20th Century Heritage 20" to honor cultural agents built and formed in the 20th century in Japan. A group of sake brewing facilities in the Saijo district of Higashi-Hiroshima City, where sake breweries and other facilities are concentrated, was also selected.

Kendo (Day 2)

Kendo" with protective gear began in the Edo period (1603-1867), but its roots go back to the Heian period (794-1192), when the Japanese sword first appeared.



Kendo is a competition in which competitors face each other one-on-one, wearing kendo gear, and determine who wins by striking or thrusting the opponent's designated part of the body without a bamboo sword.

It is one of the traditional martial arts with its roots in Japanese kenjutsu, and is a form of budo that emphasizes not only victory and defeat, but also civility,

“beginning and ending with rei(expression of gratitude).

Hiroshima Peace Memorial Museum (Day 4)

This museum was established in Hiroshima on August 6, 1945, when the city was hit by an atomic bomb, and through artifacts, photographs, and materials from the atomic bomb survivors, it conveys the The museum conveys the wish for peace and the horror of nuclear weapons through artifacts, photographs, and documents of A-bomb survivors.



Hiroshima Peace Memorial Park (Day 4 & 5)

Peace Memorial Park, located at the highest point of the delta where the old Ohta River (Honkawa River) splits into the Motoyasu River, is an urban park established to commemorate the victims of the atomic bomb and to pray for lasting world peace.



This area had been the central downtown area of Hiroshima City since the Edo period (1603-1867), but was instantly destroyed by the first atomic bomb dropped on August 6, 1945, in the history of mankind. After the bombing, the area around the hypocenter was developed as a permanent symbol of peace in accordance with the Hiroshima Peace Memorial City Construction Law promulgated on August 6, 1949.

The park includes the Atomic Bomb Dome, Hiroshima Peace Memorial Museum, a number of monuments erected to express the wish for peace, and a blue-green alder that was exposed to the atomic bomb.

Miyajima (Day 5)

Miyajima is an island in the Seto Inland Sea, is a World Heritage Site and one of the three most scenic spots in Japan. Itsukushima Shrine, built as if it were floating on the sea, is a remnant of primitive religion, and the entire island is revered as an island of God. The shrine pavilions, built in an original architectural style on the sea, were constructed in the late Heian period (1168)



by Taira no Kiyomori, who became the governor of Aki (the former name of the Imperial Household). The main shrine, large and small shrines, a stage, and a music room are located on the site, which includes the sea, and each of them is connected by a corridor extending 108 meters, showing the original layout of the shrine.

The architectural beauty of the Heian period (794-1192) is reflected in the vermilion-painted, cypress bark roof, and the clear eaves.

Kagura (Day 6)



It is one of Japan's representative Shinto rituals, in which a ceremony with song and dance is performed to pray for the coming of the gods (rairin: coming of the gods) and for oracles (shintaku: oracle of the gods). The rituals are accompanied by songs and dances in hopes of the coming of the gods and oracles. The origin of kagura is said to be the dance performed by Amaterasu no Mikoto to lure Amaterasu out of hiding, as described in the

Japanese mythology of Kojiki and Nihonshoki, in the story of Amaterasu no Mikami's disappearance into Iwato.

Kintaiyo Bridge (Day 7)

Kintai Bridge is a series of five bridges spanning the Nishiki River in Iwakuni City, Yamaguchi Prefecture. It is one of the three most famous bridges in Japan and has been designated as a national scenic beauty spot (for the area including upstream and downstream) due to its rich natural background.



The bridge was built in 1673 by a combination of wisdom and technology with the wish that it would be a bridge that would not be washed away. The structure, which spans a river width of approximately 200 meters, is both elaborate and creative, and boasts a beautiful appearance. It also boasts a beautiful appearance.

Over the 350 years since its construction, the technology and beauty of the Kintai Bridge have been preserved.

Tea ceremony (Day 8)

The tea ceremony is a traditional Japanese culture in which "Teisyu" (the host) serves tea to the guests. Not only drinking tea, but also one can experience the beautiful Japanese spirit of wabi-sabi and hospitality. In addition, the tea ceremony emphasizes the importance of "Ichi-go ichi-e" which is "once-in-a-lifetime" encounters. Ichi-go ichi-e means "this is a once-in-a-lifetime encounter that



will never be repeated. The mindset of the tea ceremony is that both the host and the guest should spend their time with sincerity to each other. "Wabi" is the sense of unique flavor and beauty in something simple and plain.

"Sabi" is the feeling of unique flavor and beauty in something old and lonely.



Arrival and Accommodation

From Arrival Airport to Hiroshima City

Please see the "Travel Guide" page 6-12.

Accommodation Reservations

Hiroshima University will make accommodation reservations. The accommodation is booked during the Nursing workshop only (check-in Aug 1, check-out Aug11).

Payment for Accommodation

Hiroshima University staff will make a bulk payment to the hotel/guest house instead of each student paying separately. Please prepare the full amount of accommodation fee **in cash** (Japanese Yen) and give to the Hiroshima University staff when you check-in the hotel/guest house or the first day of the program, on 1 August.

Please pick up/receive your welcome packet from Hiroshima University staff/at your hotel reception.

Location of Accommodation

Kasumi campus of Hiroshima University is located in the center area of Hiroshima City. Hiroshima University Hospital and your accommodation during the course duration are also located there.

Getting to the Kasumi Campus in Hiroshima

From Hiroshima Airport

Please take the Airport Limousine Bus to Hiroshima Station, Shinkansen gate. (It is called “Hiroshima Eki Shinkansen Guchi” in Japanese.) It takes about 45 minutes. The fare is 1,450 yen for one way. You arrive at the North Exit of Hiroshima Station.

From Hiroshima Station/ Hiroshima JR Station

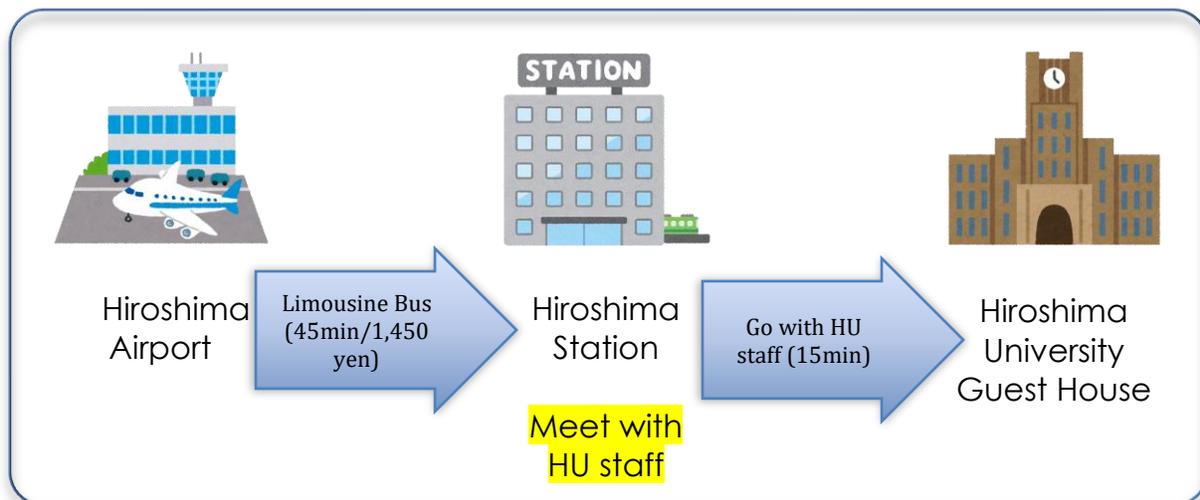
Please take Green Bus no. 4 at Bus terminal on the ground level at the Hiroshima JR station and get off at the stop “Daigaku Byouin Mae (University Hospital, Kasumi Campus)”. It takes approximately 10 -15 minutes. The fare from Hiroshima Station to Daigaku Byouin Mae (University Hospital, Kasumi Campus) is 220 yen.



* All buses from Platform 4 will stop at the Daigaku Byoin Mae. You can also take a taxi from taxi terminal at Hiroshima Station to Hiroshima University Hospital main entrance. It costs about 1,000-1,500 yen.

Accommodation

Check-in; Please catch a bus to Hiroshima JR station from the Hiroshima Airport. Then please pay the full amount of accommodation fee **in cash** at the administration.



Resident House' Ryozanpaku (梁山泊)

Student from **USA and South Africa**

Check-in: August 1, Check-out: August 11

Address: Kasumi Campus, 1-2-3, Kasumi, Minami-ku, Hiroshima, Japan
734-8551 Phone: +81-82-257-5022 Website: N/A

Facilities and Equipment; TV, refrigerator, washing machine, microwave, air conditioner, drier, electric kettle, towels, bathrobe, toothbrush, hairbrush, razor, body sponge, shampoo, conditioner, body soap, slippers.

* Note: LAN cable is available, but Wi-Fi is NOT available in guest room and resident house. However, Wi-Fi is available in the lecture rooms on Kasumi campus.

Convenience stores and shops located in/around the campus.
Microwaves are available at the cafeteria.

Resident House' Kojin'kaikan (広仁会館)

Student from **Sweden**

Check-in: August 1 , Check-out: August 11

Address: Kasumi Campus, 1-2-3, Kasumi, Minami-ku, Hiroshima, Japan
734-8551 Phone: N/A Website: N/A

Facilities: Television, refrigerator, microwave oven, electric stand, electric kettle, air conditioner, hair dryer, Alarm clock, bed, chair, closet, hanger, indoor clothes dryer, Bath towels, face towels, yukata (Japanese bathrobe), shampoo, conditioner, body soap, soap, Tea bags, teapots, teacups, cups

* Note: *Wi-Fi NOT available in resident house "kojin'kaikan", only available with University LAN cable in your room. Wi-Fi available in the campus. Convenience stores and shops located in the campus. Microwaves available at the cafeteria.*

You can purchase your meals in *cafeteria and shops on campus. In general, meals will cost 500 to 1,000 yen, but it is also possible to eat outside the campus area. There is a meal map of Kasumi campus area in your welcome packet.

On Campus

Open

Cafeteria: 8:00-20:00

Shop: 8:30-18:00(1 Aug. and 2 Aug.), 10:00-17:00 (from 5 Aug. to 9 Aug.)

* Closed: Saturday and Sunday

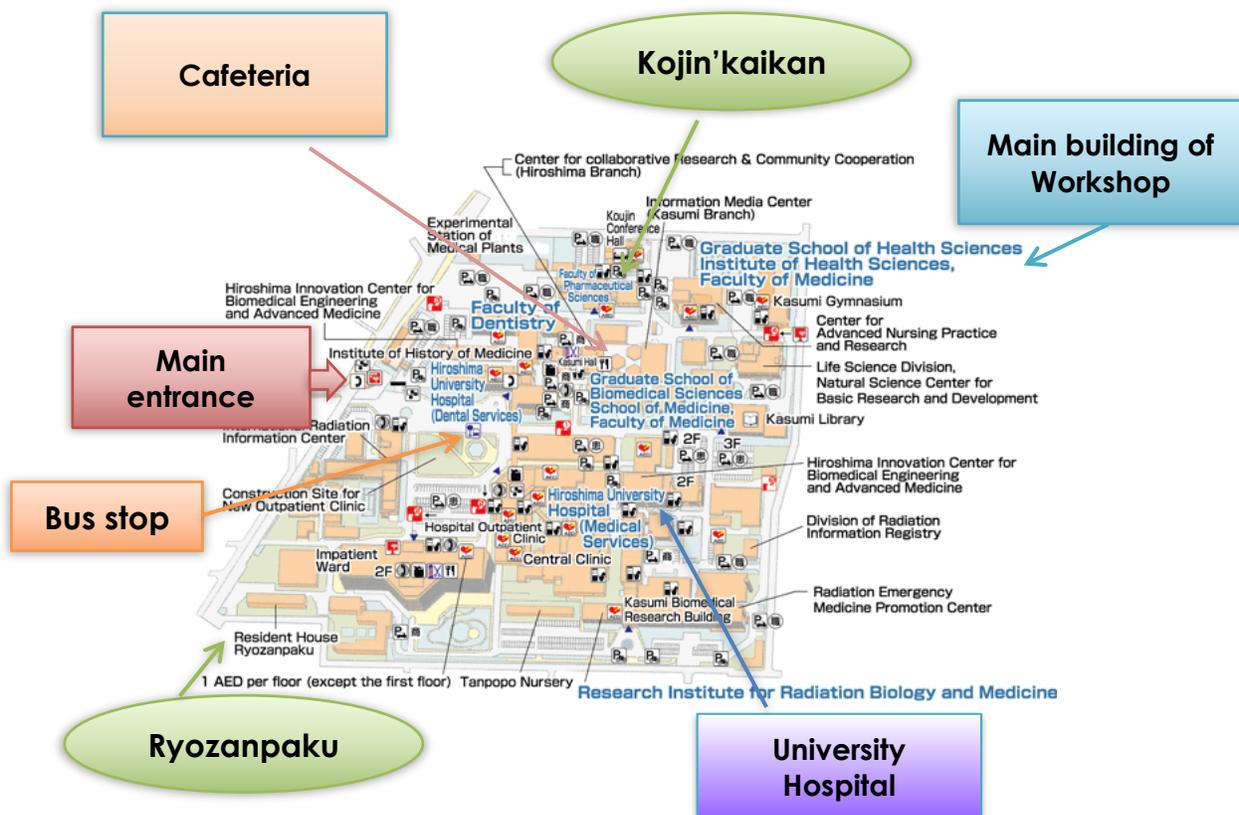
Around Campus;

Convenience store

Open; 24 hours

Kasumi Campus Map

Link:https://www.hiroshima-u.ac.jp/en/access/kasumi/map_kasumi



Public Transportation

The best way to get around in Hiroshima is by bus. When you get on the bus in Hiroshima, use the middle door when riding and get a numbered ticket. Press the button to let the driver know when you are ready to get off, proceed to the driver, put the numbered ticket and exact fare into the box-like machine next to the driver. There's an electric board at the front indicating the fares for respective numbers. Check the board and your numbered ticket to know your fare.

Weather and Clothing

In Hiroshima it will be VERY hot and humid in August. Bring light clothes, water bottle, good sunscreen, good walking shoes and if possible, hat or sun parasol for your trip!!!

Program Schedule

Time	Event	Venue
Friday, August 2 Hiroshima, Higashi-Hiroshima		
9:00 – 9:50	<u>Faculty Meeting</u>	Rm. 301, Health Sciences Building Kasumi Campus, Hiroshima Univ.
10:00 – 12:00	Students arrive: Welcome Introductions Briefing <u>Icebreaker to get to know each other</u> -re-visiting the purpose of this course -Group assign -Preparation of assignments presentations as a group work	Rm. 301, Kasumi Campus, Hiroshima Univ.
12:00 – 13:30	Lunch	Cafeteria, Kasumi Campus
14:00 – 15:00	Move to Saijo, Higashi Hiroshima Getting Off @Hachihonmatsu to catch Taxi to view countryside, heading to Saijo Station by Taxi	Bus, JR
15:00 – 16:00	Observe Townscape	Walk around township
16:00 – 17:00	Sakagura visit (sake winery)	<i>Kamotsuru</i> , Brewery
17:10 –	Move to Saijo Campus, Hiroshima Univ.	Bus/taxi
17:45 – 19:30	<u>Welcome Reception</u> at Higashi-Hiroshima Campus University Hall with all INU course participants <u>Students will go and come back by taxi/bus and JR Line</u>	North 2 Dainning Hall, University Hall, HU

Saturday, August 3 Day 1: INU Nursing Collaborative Workshop and Introduction to Japanese Culture, Hiroshima City		
9:00-11:30	Students present an overview of individual countries health policy and relationship to health care. How we respond to conflict situations?	Rm.301 Health Science Building, Kasumi Campus
13:00-	Lunch @ Tosho	Taxi to the restaurant
14:00-16:00	Lecture (Marie-Louise) Introduction to Global Conflicts and their Impact on Healthcare -Definition and types of global conflicts -Impact of conflicts on healthcare systems and nursing practice	Rm.301 Health Science Building, Kasumi Campus
16:00-17:30	-Overview of healthcare challenges in conflict zones -Impact of conflicts on SDOH Concept Analysis: Nurses' experiences in conflict zones Open discussion on article	
17:35-18:00	Observe Kendo Performance	Kasumi gymnasium 4 F
18:30-	Cooking Experience of Hiroshima Cuisine (Okonomiyaki)	
Sunday, August 4 Day 2: INU Nursing Collaborative Workshop Political Advocacy for Patients in Conflict : Hiroshima City		
9:00-11:00	Lecture (Dr. Santel de Lange) Safety Issues in Conflict Zones: A Nursing Perspective -Assessing risks and ensuring safety for healthcare workers -Strategies for mitigating safety concerns in conflict areas	Rm.301 Health Science Building, Kasumi Campus

11:30-13:30	Conveyor belt sushi (Kaiten Sushi) etc. choose your own lunch, after lunch we will instruct everyone where to meet and at what time.	Yumetown Hiroshima, Shopping complex By taxi to get to this complex
14:00-	Group work (using a case) Simulation table top: Nurses experience in conflict zone in the Ukraine All faculties to facilitate the simulation	
16:00-17:00	Palliative care house field observation	
17:30 Dinner	Party@ Prof Moriyama resident	
Monday, August 5 Hiroshima City		
09:00 –	Meeting point: Faculty @Hiroshima Sta. Student @Ryozanpaku	
9:45 – 11:00	Atomic bomb survivor lecture at International Conference Center Ms Keiko Ogura	
11:15 – 13:00	Visiting the Hiroshima Peace Memorial Museum	
13:00-14:30	Lunch at Gate Park	Walking from the international conference center via Piece Park (7~15minute walk)
15:00 – 17:00	Gender, Disaster, Risk Management, Peace building, The role of UNITAR Hiroshima Office	@Nissei Park building 1F meeting room
17:00-	Free Time	
Tuesday, August 6 Hiroshima City		
6:30	<u>Meeting @Hiroshima Sta.</u>	Faculty with Mayumi (Taxi) Student with Yuko(Bus)

7:00-9:30	Peace Memorial Ceremony	
	Peace Park to Miyajima by boat (booking needs). Return by public transport.	Transport to Miyajima
	Lunch <u>Miyajima</u>	Back to Hiroshima
evening	Lantern Floating Ceremony	
	Dinner / Free Time / Individual dinner	
Wednesday, August 7		
Day 3: INU Nursing Collaborative Workshop Long-Term Effects of Global Conflicts on Healthcare , Hiroshima City		
8:45 9:00~10:30 (Talk 80 min. 10 min. QA)	Dr Nobuyuki Hirohashi (Professor, Research Institute for Radiation Biology and Medicine) Theme: DMAT – experience of West Japan Flooding in 2018	Rm. 204 Health Science Building, Kasumi Campus
10:45-12:15	Honorary professor Nanao Kamata Theme: Physical and psychological effects of radiation on atomic bomb survivors in Hiroshima	Medical Museum on campus (Free time we can visit)
12:30-	Lunch	Cafeteria, Kasumi Campus, HU
13:30-15:30	Ms Tomoko Watanabe (a daughter of Ms Teruko Ueno who worked for a red cross nurse when she was 15)	Nuclear weapons talk with discussion.
16:00-18:00	<u>Free Time</u>	
18:00	Meet@Hiroshima station to go to the dance venue together	
19:00	Cultural performance @Kenmin bunka center 神楽 Kagura Dance 45 minutes	Lively dance for God/shrine-famous groups
20:00-	Dinner together – central local to be decided	

Thursday, August 8 Excursion to Iwakuni, Yamaguchi		
09:00 – 10:00	Departs Kasumi campus @8:50 Hiroshima Bus center@9:30	
9:35~10:31	Transport to Iwakuni	
10:00 – 12:00	Excursion in Iwakuni area Kintai Bridge, Cable car to see the Iwakuni castle	
13:00 – 14:00	<u>Lunch @ sakurano Chaya (Japanese style café) take away lunch box</u>	
14:00 –17:00	<p>Group work – work on group project</p> <p>The Role of Nurses (Health professionals) in Promoting Peace and Justice</p> <ul style="list-style-type: none"> - Nurses as advocates for peace and justice - Humanitarian nursing: Providing care in unsafe environments. - Nursing ethics and human rights: Addressing challenges in promoting justice amidst conflict. Guarantee justice, reducing discrimination and protecting human rights - Financial Impacts of War and Conflict on Healthcare - Analysis of financial constraints on healthcare provision - Innovative funding mechanisms for healthcare in conflict zones 	<p>@Community space near Kintaikyoサンライフ岩国 (大会議室) 1時間660円</p> <p>13時~17時予約済</p>
17:30	Dinner on your own @ Iwakuni Station	
Friday, August 9 Day 4 - INU Nursing Collaborative Workshop		

Fostering Global Citizenship for Conflict Prevention, justice and peace Hiroshima City		
09:00 – 10:30	<ul style="list-style-type: none"> - Sharing the progress of the group work - Group Work 	2F1, Clinical Administration Building
10:45 – 12:00		
12:00 – 13:00		
14:00 – 15:30	Visiting Hiroshima University Hospital to learn disaster planning (Dr Oshimo)	2F1, Clinical Administration Building
16:30 – 18:00	Cultural Activity: Tea Ceremony	Rm.611 Health Science Building, Kasumi Campus
	<u>Dinner</u>	
Saturday, August 10 Day 5: Final Day Student Presentations Hiroshima City		
09:00 – 12:00	Student Work Presentation Lunch Free Time at JR Hiroshima station	Rm.301 Health Science Building, Kasumi Campus
17:00-18:30	Leaving for Higashi Hiroshima Certificate Ceremony and Farewell party	
Saturday, August 11 Hiroshima City		
	<u>Leaving from Hiroshima</u>	