



# Student Life Guidance: Your Campus Dashboard

Navigating Freedom and Responsibility at  
Hiroshima University

School of Integrated Arts and Sciences – First-Year Orientation

Vice-Chair of Faculty Affairs Committee,  
Student Life

**Atsushi Hikita**

# CAMPUS FLIGHT MANUAL

## Freedom & Fulfilment



Infinite Choices & Possibilities



Extracurricular Activities & Societies



Personal Growth & Unstructured Free Time



## Responsibility & Rules



Ensuring Safety & Health



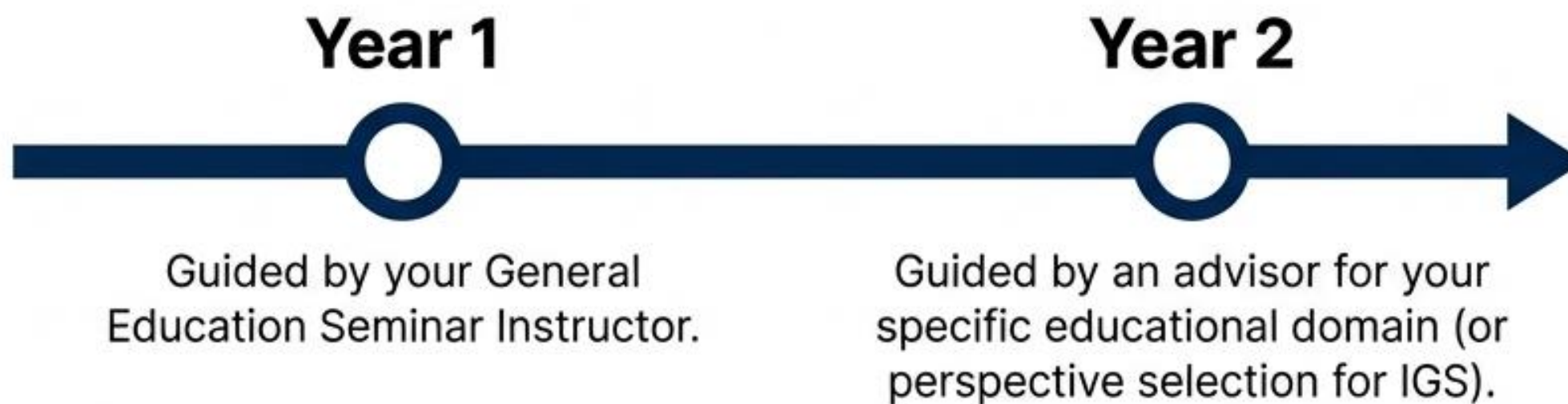
Adhering to Ethics & Social Norms



Strict Self-Management & Autonomous Planning

This guide acts as your navigation system for a safe, highly meaningful university journey.

## Your Academic Co-Pilot: The Tutor System



### How to check the 'My MOMIJI' Student Information Portal

Tutor Number	Faculty/School	Tutor Code	
Tutor 1	Graduate School of Humanities and Social Sciences	73870644	<u>Toshio Aoki</u>
Tutor 2	Graduate School of Humanities and Social Sciences	73870644	Toshio Aoki

# The Zero-Tolerance Zone: Law & Life Protection



## Alcohol

- Strict ban for those under 20. Binge drinking (chugging) is absolutely prohibited. If forced, refuse firmly and assist peers who are pressured.

Drink-driving (including bicycles) is a serious crime that includes passengers. Results in severe university disciplinary action.



## Smoking

- Strict ban for those under 20.

**The entire university campus is a completely smoke-free zone.**



## Drugs

- Possession of cannabis or narcotics is a serious criminal offence.

Dangerous drugs can be fatal.  
Zero tolerance.

# The Health Management Ecosystem

Noticing Changes in Your Body or Mind?

## Physical Health

Infectious diseases (COVID-19, Influenza, Measles, Rubella, Chickenpox, Mumps).



Contact the Health Service Centre immediately by phone. Do not commute to campus.

## Mental Health

Deep-seated worries, stress, anxiety, or general mental unwellness.

Reservation Required

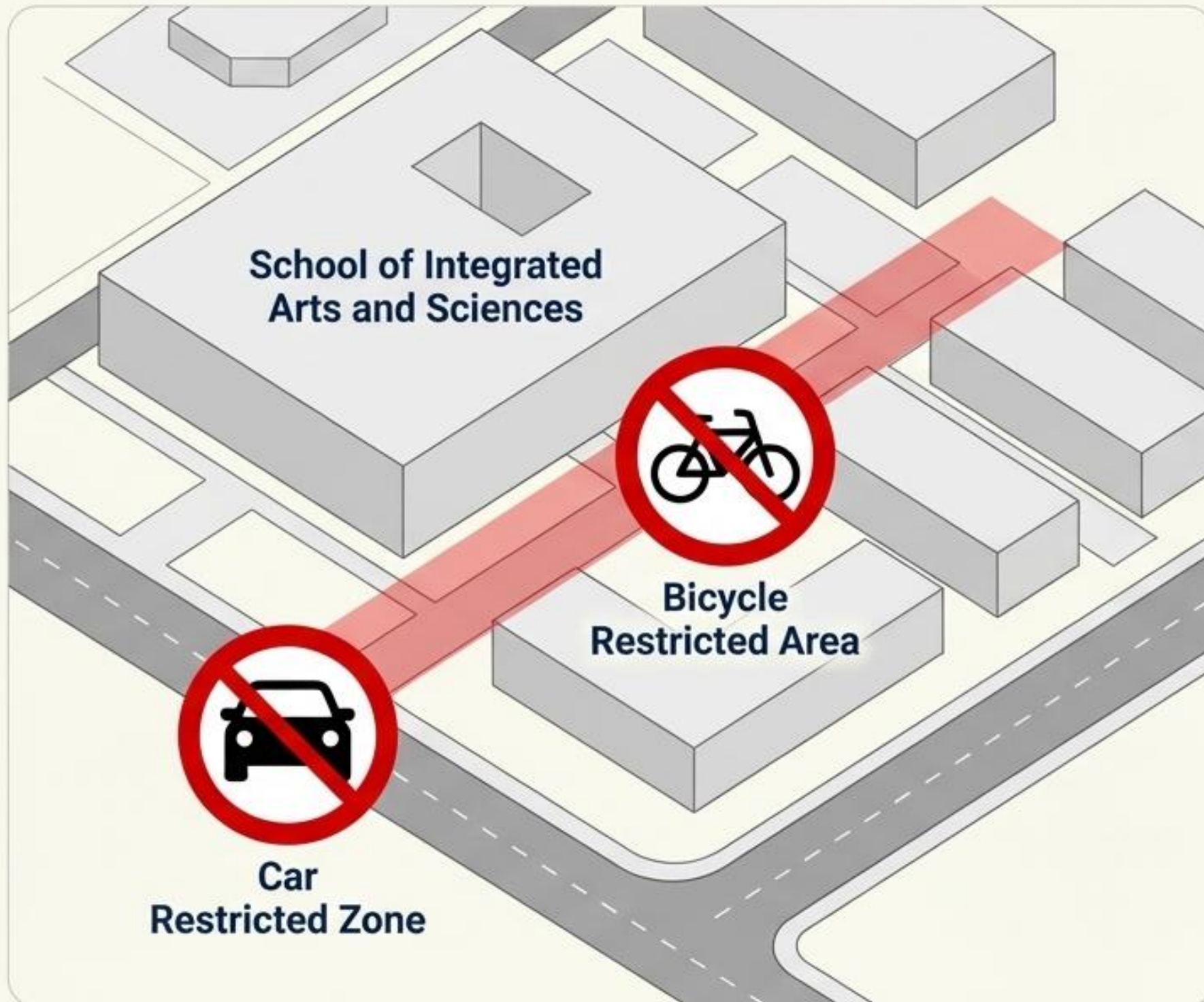


Book a dedicated Mental Health Consultation (Reservation essential).



**Health Service Centre –  
Your Primary Care Hub**

# Campus Mobility & Traffic Rules



## Motor Vehicles

- First and second-year students are strictly prohibited from commuting by car without special dispensation.
- High frequency of accidents due to inexperience.

## Bicycles

- Riding is banned in specific high-traffic pedestrian zones to prevent collisions.

## Accident Protocol



# Daily Risks & Crime Prevention Matrix



## Theft Prevention

Never leave belongings unattended in classrooms, gyms, or the library. Thoroughly secure and lock bicycles.



## Night Safety

Beware of snatch-thefts and suspicious individuals. Avoid walking alone on unlit paths at night; maintain high vigilance even when at home.



## Destructive Cults





Highly deceptive cults exist on campus, often masquerading as ordinary clubs. If suspicious, refuse them firmly and consult the 'Anything Consultation Room' (Student Plaza 3F).



## Lost & Found

Always label your belongings. Found items are held at the Support Office for a set period.

# Digital Citizenship & Code of Conduct

	Category / Infraction	Critical Consequence
	<b>Academic Misconduct:</b> Cheating on final exams or plagiarism.	<b>ALL grades for that entire semester are automatically marked as "Fail".</b>
	<b>Everyday Offenses:</b> Shoplifting or "borrowing" abandoned bicycles.	<b>Criminal prosecution for Theft or Embezzlement.</b>
	<b>System Abuse:</b> Fraudulent use of student discount certificates.	<b>Complete suspension of discount privileges and severe financial penalties.</b>
	<b>Digital &amp; SNS Citizenship:</b> Poor password management or careless data sharing.	<b>Personal liability.</b> Manage information with strict self-awareness. (Consult the Info Media Education Research Centre for tech troubles).

# The Safety Net: Your 'Gakkensai' Invisible Shield

Student Educational Research Disaster Accident Insurance

The university completely covers the premium; every regular student is automatically enrolled.



If an injury or accident occurs during any of these activities, contact the Student Life Support Group (Student Plaza 3F) immediately.

# The Financial Support Architecture



## Primary Government Support:

New Higher Education Support System

- Tuition waivers/reductions
- Grant-type scholarships

## National Loans:

Japan Student Services Organization (JASSO)

International Student Admission  
& Tuition Exemptions

Various Private Foundation  
Scholarships



**Point of Contact for all inquiries:**  
**Student Life Support Group (Student Plaza 3F)**

# MOMIJI: Your Digital Command Centre



## 'Student Life Support' Tab

Your comprehensive portal for administrative procedures, campus rules, housing, and insurance.





## 'Extracurricular Activities' Menu

The directory for all clubs, societies, and volunteering opportunities.

# The 'What If?' Troubleshooting Matrix



Take a Photo

Situation	Initial Action	Official Contact Point
 Lost smartphone or wallet	Check for immediate delivery	Integrated Arts & Sciences Support Office
 High fever or infectious disease	Refrain from commuting; call immediately	Health Service Centre
 Approached by a suspicious club (Cult)	Refuse firmly and leave the area	'Anything Consultation Room' (Student Plaza 3F)
 Involved in a traffic accident	Arrange Ambulance (119) then Police (110)	Tutor & Support Office

# Emergency Directory

(Please Save to Contacts Now) 

Weekdays (Daytime)

**Integrated Arts and Sciences Support Office**

 **(082) 424-6315**

Nights & Holidays

**Faculty Security Guard Room**

 **(082) 424-6306 or (082) 424-6359**



M-Building 2nd Floor (Immediately to the left after entering the main entrance).



**Adhere to the rules of society  
to build a safe, deeply  
meaningful university life.**



**Never struggle alone:** Your Tutor and the Support Office are here to help you navigate.



**Compliance is care:** Rules exist entirely to protect your life, your peers, and your future.



**Stay equipped:** Keep the MOMIJI portal and your Student Handbook close at all times.